

# XIANEASE

JAN / FEB 2012 Vol. 21



# 发现西安

**HAPPY**  
new year  
**2012**

**FREE!**  
**免费**

**COST  
NEGOTIATION**

**INTERVIEW WITH  
JACK VEGTER  
SEAN YE**

**RESTAURANT REVIEWS  
25 RESTRUARY & BAR**

**Yu Hua Gong  
Skiing**  
*Your Adventure Awaits*

**SPRING FESTIVAL RECIPES**

**VOLUNTEER TOURISM  
TRAVEL WITH A CAUSE**

**PHOTOS OF THE XI'AN SCENE**

**ART  
AS TO  
FASHION**

**SOUTH STREET BAR**

**WINTER  
WONDERLAND**

**ALTHOUGH**

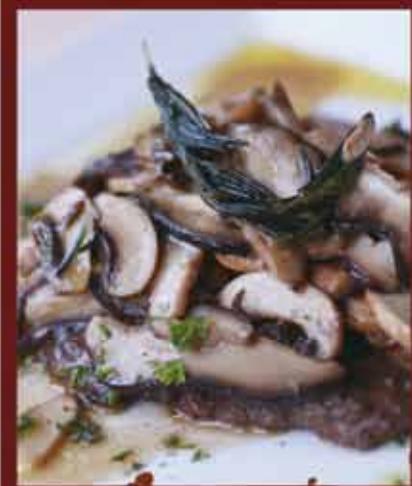
**FRUIT BEER  
IT'S NOT JUST  
FOR GIRLS**

**NUTRITION  
NEWS**



**HAPPY NEW YEAR**

※ *This Month's Special*



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 Dinner: 17:30-22:00 (L.O.21:15)



# XIANEASE 2ND ANNUAL CHILI COOK OFF



*Coming back from last year's big win the defending champ is putting all his skills on the table and his reputation on the line so come on down to Village Café to test your skill and get evaluated by your peers and have the chance to win some great prizes!*



**Not Cooking?**  
 Come on down to help the judging and the eating!  
 All kinds of Chili are accepted:  
 meatless, John Wayne, extra spicy,  
 and even tofu chili (if you really have to).

Sign up to receive your glory by sending us an email at [events@xianease.com](mailto:events@xianease.com)

**Date:** Wednesday, February 8th  
**Place:** Village Café  
**Time:** 5:00 pm set up 5:30 judging starts





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## NOTES FROM THE TEAM

If you haven't noticed yet the issue you are holding in your hands (or looking at online) is our January AND February issue. When the Chinese New Year comes around it's a time for families, food, and friends not deadlines, stress, and work, at least that's how we look at it and so just as last year we have taken these two months and combined them into one big issue... we had in mind to make it not only thicker but also bigger in size...like cartoon in size...but our printers said no and so it's the normal size but just with more pages.

With the reintroduction of our double issue it means another year has passed and while we are on to our third year it still feel like we just sat down a few days ago to create that first issue. It's hard to believe that between then and now is two years and thousands of hours traveling, meeting, laughing, stressing, and creating. Yet one only needs to look at our wall of covers and photos to see what we have been through. Someone once said that life shouldn't be measured in successes and failures but instead in friendships, motivation, and effect, and should that be the case then xianease and the team have traveled a long path leading to this issue you are reading now (Just as it would be if we measured in cups of coffee, laughter, and new experiences).

In the past year we have BBQed, crawled pubs, paint balled, rafted, and partied almost every month, and while it may seem at times that xianease is driving force of these events, activities, and functions it's simply not true. Everything that we have done, everything that we will do, and the entire reason there is a xianease team is because of you, because of the support you have given and the enthusiasm that you bring. It is easy to look back on a path and see what has been accomplished and what has been left, what isn't easy to see is the reasoning behind our actions but when you strip down

all the talk, all the verbiage, and exclamation points is the simple fact that we are what we are and do what we do because of the massive amount of support and enthusiasm that you, our readers and fellow xianeasers bring to the community that we are all a part of.

What was started as a simple guide and point of reference has taken on a life of its own and over the past two years this entity was and is guided by what the community wants, deserves, and expects. Xi'an in itself is a grouping of buildings, a city wall and some dusty clay figures half buried in a pit, but that is not what makes Xi'an, what keeps us coming into the office every day, working late at night, and drinking more coffee that we care to think about...

So as you pass through these pages and as you pass through Xi'an remember that it is what you do and what you want that creates what is here. That no matter how important your job is or how long you spend with us your thoughts and opinions matter, to us, to the community, and to Xi'an, it is the people that we are for and by. Stepping into the New Year we hope that new opportunities and friends await you, that adventure is where you expect and peace where it is needed most, and throughout it all we will be there to help.



The xianease Team

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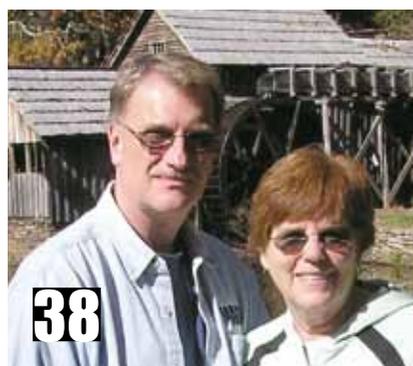
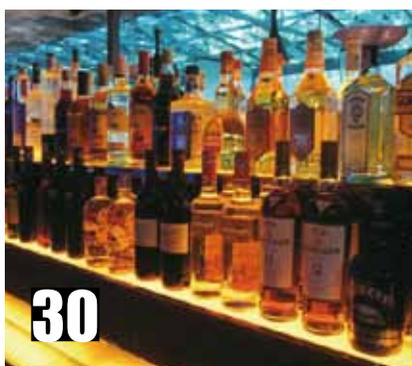
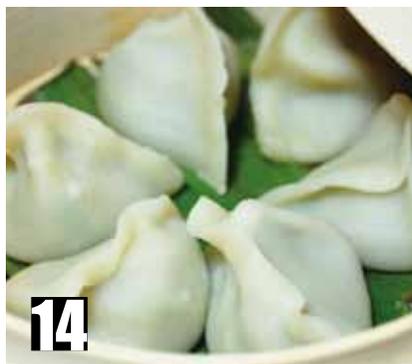
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### Pub Quiz

January and February some of the most difficult months in Xi'an weather wise and it seems that this year will be no exception. So instead of staring at your TV every night why not make it down to the Belgian Bar where you can meet new friends and play some tricky trivia, trivia is now twice a month to help you get out of the house and into the mix so come on out to grab some great food, a cool drink and maybe win some great prizes and of course self-respect.

Date: January 10th & 25th  
February 8th & 22nd  
Time: 9:00pm

Place: The Belgian Bar  
南门顺城南路中段69号  
#69 shun cheng nan lu

Put your thinking caps on and come on down for some great food and tricky trivia!



Got something to say?  
Drop us a line at

editorial@xianease.com

Also, feel free to visit our  
Facebook or webpage.

Your comments and letters are welcome.



### DINNER AND A MOVIE

For more information check out our site [www.xianease.com](http://www.xianease.com)



**NORTH BY NORTHWEST (1959)**  
JANUARY 19TH

Anybody who claims that old movies are rubbish should prepare themselves to be proven wrong.

This classic 1959 action thriller from Alfred Hitchcock shows the likes of Bond and Bourne how it's done.

Full of bursting with memorable set-pieces and cracking dialogue, it's not to be missed.

**AMERICAN GRAFFITI (1973)**  
FEBRUARY 16TH

Before George Lucas dramatically increased the size of his bank balance and finally disappeared up his own galaxy, he made this.

Based on his own teenage years, the film takes place in 1962 and follows a group of teenagers over the course of one night.

It features early performances from Ron Howard, Richard Dreyfuss and Han Solo himself, Harrison Ford.

Come along, enjoy some classic rock and roll, but make sure you leave your lightsaber at home.



Date: January 19th & February 16th Movie Start: 7:30pm  
Place: Sculpting in Time Café Shi da Road No 41, ShiDa Rd, YanTa District - 西安师大店, 西安市雁塔区师大路41号2楼  
20% off drink prices, 5RMB popcorn, and food specials!

### CARDBOARD COP CARS SLOW TRAFFIC



Traffic police in China have come up with a cost effective way of slowing down speeding motorists - with a cardboard cut-out of a squad car.

The cut-outs, which look like police vehicles from behind, are being used as a traffic calming technique in eastern China's Jiangsu Province.

One motorist, Liu Yuan, said: "I spotted what I thought was a police vehicle parked on the hard shoulder so I hit the brakes.

"It when I went past it, I was stunned to see that it was just a thin piece of board painted to look like a cop car.

"It was so realistic. It even had a solar panel to power a flashing light to make it look even more realistic at night."

A spokesman for the local police, in Wuxi City, confirmed that cardboard cut-outs of police vehicles were being used to slow traffic.

### WORLD'S LONGEST CHRISTMAS LOG

The world's longest ever Christmas log - measuring more than a kilometre long - has been created by 80 chefs in China.



It took the chefs a full seven days to bake and sweeten the cake, which measured exactly 1,068 metres long, at the Pudong Shangri-la Hotel in Shanghai.

They were only aiming for a 888 metre long cake - a lucky number in China - and it wasn't until it was rolled out that they realised the scale of their achievement.

It was more than five times longer than the previous record holder - a comparatively modest 207 metre effort by French cooks.

The Chinese Christmas log contained 904 organic eggs, 1045kg of flour, 209kg of sugar, 401kg of bitter chocolate and 34kg of Tahitian vanilla.

Pastry chef Yusuf Yaran said: "We make the sponge, we bake and then, when it's cooled down, we make our vanilla cream, which is inside, we roll it up, and we make our very secret recipe of chocolate frosting.

"We put it all over the cake, and then we have our candy decorations and some icing sugar on the top."

The final presentation saw 150 staff put the finished touches to the cake, helping to place it out on 156 tables during an intense 24-hour period.

After celebrating their success, the hotel began to slice up the log to sell to the public, with all proceeds going to support children with cancer.

### DOG WALKS BACKWARDS ON HIND LEGS

A man in China says his clever pet dog walks backwards on his hind legs for more than a mile a day.

Hu Xianwei, of Handan, Hebei Province, says four-year-old Pekinese Zhu Zhu is brilliant at picking up new tricks.

"When I first got him he would let me know when he was hungry by licking my hand and rolling back and forth in front of me," he said.

"I decided to start teaching him tricks - like standing on his hind legs, squatting and waving his paws - and he's so smart he would master each one within a day or two.

"His best trick is playing war games. When I point my hand at him, shaped like a gun, he stands motionless until I say 'bang' when he drops to the floor and plays dead."

Hu takes Zhu Zhu for a walk each day and says he loves to show off, walking backwards on his back legs for two kilometres.

"He even looks backwards over his shoulder to look out for obstacles. And he bows to passers-by when they praise him," he added.

"As long as he has an audience, he is happy to show off his skills - he doesn't need any other reward. I would never sell him!"



### CITY OFFERS GOLD FOR DOG POO

A Taiwanese city is trying to clean up its streets - by offering lottery tickets to people who clear up dog poo.



More than 4,000 people have collected 14,500 bags of excrement since the scheme was launched in New Taipei City.

For each bag they turned in, they were given a lottery ticket. A woman in her 50s won the top prize - a gold ingot worth £1,400.

The scheme was due to end in October, but officials said it had been so successful it had been extended, reports the BBC.

The scheme - which began in August - has been credited with halving the amount of dog mess in the city.

The woman who won the top prize was among a team of neighbourhood volunteers who already helped to clean up the streets, including by picking up dog mess.

Smaller gold ingots, worth several hundred dollars, were given to four other prizewinners. A total of 85 people won prizes, including household appliances.

### TRUCK LEAVES CABBIE COVERED IN MUCK



Some motorists will pull all kinds of dirty tricks to to first away from the traffic lights.

But when this trucker tried to shoot the lights at a junction in Shenzhen, Guangdong province, southern China, the hapless taxi driver beside him came down to earth with a bump.

Cabbie Lui Ming, 45, suddenly found himself in more than half a tonne of soil when the lorry driver had to brake suddenly and ended up overturning his truck.

"I was waiting at a traffic light and the squeals of his brake behind me - and then it went complete dark," he explained.

Passers by helped dig him out but the crushed car was a write off, say police.

**HAPPY NEW YEAR**

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# Study Finds Getting Smacked Right In The Mouth With A Goddamn Tree Branch Really Sucks

*'But After A Minute, You're Basically Fine,' Researchers Say*



A researcher explains the \$6 million goddamn tree branch study to reporters.

BOSTON—According to a study published Monday in The New England Journal Of Medicine, getting smacked right across the mouth with a goddamn tree branch really fucking sucks, but after a minute or so, you're pretty much fine.

The study, in which researchers at Boston University documented the reactions of more than 400 unsuspecting volunteers getting smacked right in the mouth with tree branches, found that regardless of gender, ethnicity, age, or socioeconomic background, a full-on, unexpected smack to the mouth with a stupid goddamn tree branch initially really blows, though the subject is more or less okay once a few minutes have passed.

"We observed volunteers being smacked square in the mouth with birch branches, pine branches, walnut branches, black walnut branches, hickory branches—but there was no statistically significant difference



After the initial impact, this subject took 67 seconds to go from thinking he might have to get stitches to realizing he wouldn't have to go to the hospital at all.

in terms of how much it sucked," said Dr. Philip Marks, chief medical researcher at the university. "With very few exceptions, the reactions we recorded ran the limited gamut from 'Oh, God! Oh my God, that sucked!' to 'Oh, fuck! Am I bleeding? I'm bleeding...no, I guess not. Man, that sucked!'"

"But after a couple minutes of gingerly dabbing at their mouths with their fingertips, then staring at their fingers, then looking around in disbelief, each volunteer reported being basically fine," Marks continued while shrugging. "So, not really a big deal."

In a video given to the press by Boston University, researchers can be seen running several variants of the stupid goddamn tree branch experiment in a controlled laboratory setting. In the most scientifically compelling permutation, subjects first walk through a disgusting fucking spiderweb and flail around wildly before being smacked right in the mouth with a tree branch by a waiting research assistant.

According to Marks, these trials determined conclusively that walking through a nasty, sticky spiderweb and then getting smacked right in the mouth with a goddamn piece-of-shit tree branch is really fucking gross and sucks a lot.

"Once you take a moment to gather yourself and rationally assess the situation, though, you quickly realize that your life isn't in any real danger, and that you're going to be okay," Marks said. "However, this is not to say the experience wasn't ini-

tially totally disgusting, or that it didn't really, really suck. That observation remained consistent across every trial we ran."

A control group whose members were not smacked across the mouth with anything nor compelled to walk through anything gross reported being pretty much okay throughout the experiments.

Marks said the implications of the study could be far-reaching, having a major impact on future research in the field of getting smacked with a variety of stupid goddamn things in various anatomical areas and its relationship to whether one is more-or-less fine after a minute or two.

"The scientific possibilities are truly endless," Marks said. "For example, we've theorized that getting dinged right in the balls with a fucking dirt clod will make you feel like you're going to puke everywhere, but if you sit down for a little bit and take some deep breaths, you'll basically be okay."

"It's all very, very exciting," Marks added.

However, Marks acknowledged that such future breakthroughs are likely far off, and that it may be decades before researchers know whether jamming one's finger after being tossed a stupid goddamn basketball makes it feel as though you definitely broke your finger and will probably need surgery, or whether if you then flex your finger and tug on it a little bit, you're pretty much fine, but your finger will possibly be sore for a couple days.

If you live in the Boston area and would like to volunteer for a medical trial related to the effects of getting dinged right in the balls with stupid goddamn dirt clods, please contact Dr. Marks at [pmarks@bostonuniversity.edu](mailto:pmarks@bostonuniversity.edu).

The Onion is an online and printed satirical paper, you can find this article and more at

[www.theonion.com](http://www.theonion.com)

## NOTES FROM XI'AN 西安随感

the Epic Centre of modern China

### Happy Days, Holidays "Anything Is Possible" And "Just Do[ing] It"



I spent my first Chinese New Year in Xi'an and I remember enjoying it. Subsequently, trips to the in-laws' and Beijing prevented me from spending another New Year here. I now realize why I had such fond memories the first time. The streets are quiet and the people are more relaxed.

Today, with the sun shining overhead, I decided to just go out for a stroll instead of hurriedly striding – as if in a hurry - from one place to another as usual. There is always something nice about getting out for a quiet walk on a Sunday afternoon or on a public holiday, wherever one is, and finding smiling faces, nodded greetings, laughter and bonhomie more prevalent than usual. The extra days afforded us here by these Chinese New Year celebrations just accentuate that feeling, and I find myself frequently exchanging greetings with passing strangers. Community is community wherever you are, and holidays are holidays.

Another positive aspect of Chinese New Year is the opportunity it gives us to re-attempt some of those New Year plans and resolutions that got off to a false start a few weeks earlier. Needless-to-say, I haven't been running with the frequency

I had intended and haven't yet returned to reviewing vocabulary with the required diligence. I am basically still doing various things I resolved to not still be doing, and I am not doing things I had planned to be doing. But, that is ok as it is all about Chinese New Year. Or I am at least happy telling myself that, with the sun still shining and those cheerful greetings abounding.

On New Year's Eve itself, after preparing and devouring a mighty hot-pot dinner, we headed out to the Dà Yàn Tǎ area to see if there were any fireworks about. We were lucky that two residents in the houses opposite Tang Paradise seemed to have become embroiled in a competition of who could outgun the other. One had chosen the en-masse extravaganza strategy while the other went for longevity. I can safely say that we enjoyed both strategies. However, I mention our own New Year's Eve experiences to highlight a slightly different point.

By Richard Frost you can read this and more at his blog [www.notesfromxian.com](http://www.notesfromxian.com)

# NOTES FROM XI'AN 西安随感

the Epic Centre of modern China

## Homage To Shī Dà – Otherwise Known As Shaanxi [ Shǎnxī ] Normal University Campus



The New Year began over this way with an early morning run at Shī Dà (师大), in the hope that this sort of behavior will assume a more habitual character than it did last year. But, it wasn't only good to get out for a run it was also good just to be part of one of those Shaanxi Normal University mornings again. I think I took as much from watching a guy practicing tàijíquán, with inspiring levels of precision and stillness, as I did from running a few heavy-legged laps around the track.

It is great to wander in through the gates at Shī Dà and be greeted by those twisted old trees and drooping pine branches, especially during the early hours, although not necessarily on these exceptionally cold days. As far as I am concerned, this campus is the city's best park equivalent or natural environment to escape to - although the grounds surrounding the Small Goose Pagoda run it close.

As you enter the Campus from Chang'an Lu you will find three lanes of tarmac tapering off ahead of you, but instead of containing rows of spluttering traffic they are filled with student footsteps and cheerful chatter. The uniquely gnarled old trees that greet you on arrival soon give way to carefully trimmed shrub borders and tree lined avenues, with a few twenty feet high palms seemingly also along for the stroll. There are small areas of shrubs and stone seating spaces scattered all around the campus, which contribute to the peaceful and tranquil atmosphere; an atmosphere that is most apparent in the mornings but one that is maintained even when the student masses burst onto the

scene.

Up towards the library there is an area of bamboo woodland and two or three epically proportioned pine trees, whose canopies cover the interwoven paths around the waterfall. These huge pines, when you look at them closely, almost seem to have a life of their own, though that is probably not that surprising given the length of time they have been standing there. The mock stone waterfall does leave something to be desired but the sound of the water that streams from it does just about make up for it. In amongst the many small stone stools and tables are a couple of brightly colored Chinese-style gazebos that, along with those spreading pine canopies, do a good job of offering shade from the intense sun during the summer months.

You can go off right and left from the main entrance avenue, or right and left from the library to find a secluded spot; whether you want to take it easy, study, stroll or sit and wait for your Chinese friend to arrive. Never mind whether you have actually arranged to meet one or not, a little time sitting here and you will soon find a Chinese companion or two.

Further back are the ping-pong tables, badminton courts and the running track. The track doubles as a community center of sorts. Here you will not only get runners, the occasional university sports class or track meet, but also every man, woman and child, and their dogs, participating in a multitude of different activities. If it is early morning you will have joggers, tàijíquán practitioners, exponents of traditional swordplay, flag whirling women, up-tempo dance en-



sembles and a variety of martial artists practicing intently.

If it isn't early morning you'll probably still get all of the above, though, a few football matches will definitely be added to the mix. This will continue into the early evening when the more random participants get in on the action: those running-track-dog-walkers, fresh from the office joggers (jogging in work shoes and pants), young souls wandering with mobiles in hand, vigorously chatting middle-aged women walking backwards, and of course those strolling student romances.

For those that are unaware university campuses in China are still where the vast majority of the student population live, they are also where both active and retired teaching and administrative staff often live, which means they are generally quite a hub of public activity. Shī Dà is no different, it just benefits from being well landscaped. It is a place well worth retreating to from time-to-time, whatever the weather.

You can take 600 or 603 buses, amongst others. From Nan2 Da4 Jie1 (South Street) in the city, it takes about about 20-30 minutes. Taxis- just ask for Shī Dà on Chang2' An1 Nan2 Lu4- 长安南路- Chang' An South Road. (Address: 雁塔区长安南路师范大学-华东服饰广场对面)

By Richard Frost you can read this and more at his blog

[www.notesfromxian.com](http://www.notesfromxian.com)

## Restaurant Review

Article By Amy Edwards

### 25F Restaurant & Bar



By Amy Edwards - Amy has lived and worked in Xi'an for about a year working as a VSO, teacher, and now restaurant reviewer. You can read more about Amy on her blog <http://amzmiesu.wordpress.com>

The kitsch glowing neon "25" above this restaurant leaves little doubt as to whether you have arrived at your intended destination or not and indicates the fun feeling of what awaits you inside. Built on the last remains of the Tang Dynasty wall [with a remaining stone to prove it] this restaurant has a high-roofed airy feel to it, with a deck-style patio to the rear boasting the potential for Ka rou on the waterside in the summer. Indeed, the seasonal menu change ensures you will have food to suit whatever is going on outside. Visiting in winter brought heart-warming dishes such as potatoes smashed with leeks; Shanxi [not to be mistaken with Shaanxi!] style meat inside steamed bread [a refreshing twist on the old faithful Rou Jia Mo]; Sweet Potato towers drizzled with Blueberries; and a steaming hot stew which bubbles over hot coals in the middle of your table, to which you can add vegetables and potato-starch noodles at your will. The restaurant also boasts German beer and a delicious three berry broth that will warm the coldest of fingers and toes. There was also a tasty looking hot pot on offer.

We were joined for dinner by the owner, who took time out of his busy day of running two restaurants [the other "25" is by the art college on the corner of Han Guang Lu and Wei Er Jie, near the Art College, and is so called as it was on the 25th floor]. His passion was apparent as he talked about his experience of taking over struggling establishments and transforming them into trendy and progressive eateries - our surroundings were testimony to such. This restaurant's interior hosted a veritable catalogue of Shaanxi dialect adorning the walls, keeping Han se reading patrons busy and amused for the duration. His congeniality was charming and his interest in creating a place for the customer to enjoy was authentic.

With private rooms as well as an open dining area, 25 is suitable for anything from family dining or a quiet meal for two, through to business functions or a party with friends. Based about a kilometer south of Da Yanta, in an up-and-coming area of town, this place is sure to grow from strength to strength. Definitely worth a visit if you are in the area.



Address: 25F,D building, xiang rui ren jia,#168,Yan ta west road,Yan ta district..  
地址: 西安雁塔区雁塔西路168号翔瑞宜人家园D座25楼

Time: 10:00 - 22:30  
Tel: 8527 5566

MON	TUES	WED	THURS	FRI	SAT	SUN
<b>CALENDAR</b>						
					<b>7 SAT</b> BRIDGES Bridges Coffee Movie Night < While You Were Sleeping > Time: 7:30 p.m Location: Xi Gao Xin (Hi-Tech Zone) 500m south of Keji Lu Tel: 8450 2441	<b>8 SUN</b> XIAN CONCERT HALL 西安音乐厅 Concert The Nutcracker 《胡桃夹子》 by Grand Théâtre de Bordeaux corps de ballet Time: 7:30pm Location: Xi'an Concert Hall Tel: 400-611-9169
<b>9 MON</b>  Xi'an Football Club Location: Shida football pitch Time: 4:00pm Come on out for a friendly match!	<b>10 TUES</b> XIANEASE 多奇西餐 Belgian Bar and xianease Monthly Pub Quiz Beer, Burgers, Wings, and Trivia what more could you ask for? Time: 8:30pm Location: The Belgian Bar	<b>11 WED</b>  Xi'an FengYu Garden Skifield Unlimited Skiing, Call 13572475836 to find out more!	<b>12 THURS</b> 西安美术馆 Xi'an Art Museum Morden Buddhism Art Exhibition 《聚慧中国·法门寺当代佛教艺术展》 location: Da Tang bu ye cheng, south square of dayan tower, yan ta district	<b>13 FRI</b> XIAN CONCERT HALL 西安音乐厅 Concert Chinese Folk Music 国韵天骄·中国民乐名家音乐会 Time: 7:30pm Location: Xi'an Concert Hall Tel: 400-611-9169	<b>14 SAT</b> Xi'an Book Club Readers Meeting Time: 2:00pm-5:00pm Location: international library (on the third floor of the provincial library) 陕西省图书馆三楼 外文图书馆内	
	<b>17 TUES</b> DOLCÉ 多奇西餐 Couples Night Ladies eat free. Location: Dolce Bistro Level 1, No.2, Gaoxin Road. Tel: 029-8822 7588	<b>18 WED</b> 美术馆 李元博书法作品展 Lee yuanbo, Chinese calligraphy exhibition location: No.14 North ChangAn street.	<b>19 THURS</b> XIANEASE 多奇西餐 Movie Night < North by NorthWest > Time: 7:30pm Location: Shida S.I.T. (师大路雕刻时光咖啡馆) Tel: 8537 5772			<b>22 SUN</b> HAPPY SPRING FESTIVAL
<b>23 MON</b> The Expat Nights Sunday - Monday Expat Night at Park Qin www.xianease.com/ events/expat_night.html	<b>24 TUES</b> FANTASY Chinese New Year Party Time: 9:00pm Location: 5th&6th floor, #46 nan da jie	<b>25 WED</b> XIANEASE 多奇西餐 Belgian Bar and xianease Monthly Pub Quiz Beer, Burgers, Wings, and Trivia what more could you ask for? Time: 8:30pm Location: The Belgian Bar	<b>26 THURS</b> XIAN CONCERT HALL 西安音乐厅 Concert Puppet pantomime < Snow White > 《白雪公主》 Time: 7:30pm Location: Xi'an Concert Hall Tel: 400-611-9169	<b>27 FRI</b>	<b>28 SAT</b> THE TANG DYNASTY XI'AN 西安唐乐宫有限公司 The Tang Dynasty Dance Time: 8:30pm-9:40pm Location: The Tang Dynasty Art Restaurant No.75 Chang an str. Tel: 8782 2222	<b>29 SUN</b> Jennifer's Cafe Let's Make cheesecake! Time: 10:00am-10:00pm Location: No.127 YouYi Str. Tel: 8848 5001
<b>30 MON</b> 黄河慈善厨房 Yellow River Soup Kitchen Operating every Mon, Wed and Fri, on Wu Xing Jie. Get all the details at www.yellowrivercharity.com	<b>31 TUES</b> DOLCÉ 多奇西餐 Couples Night Ladies eat free. Location: Dolce Bistro Level 1, No.2, Gaoxin Road. Tel: 029-8822 7588	<b>1 WED</b> 汉语角 Chinese Corner at Sculpting in Time Cafe Shi Da Lu, opposite Xi'an Foreign Languages Uni Tel: 029-8522 8182 Every Wednesday at 7pm	<b>2 THURS</b> Village Cafe 乡村咖啡 汉语角 Chinese Corner at Village Cafe Time: 7:00pm-9:00pm Location: #32, Shi Da Lu Tel: 029-8522 2150	<b>3 FRI</b>  Xi'an Football Club Location: Shida football pitch Time: 4:00pm Come on out for a friendly match!		<b>5 SUN</b> XIAN CONCERT HALL 西安音乐厅 Concert 心中的武侠旋律 金庸武侠视听音乐会 Time: 7:30pm Location: Xi'an Concert Hall Tel: 400-611-9169

FEBRUARY 2012	
<b>4th Feb.</b>  Xi'an Hash Run The only drinking club with a running problem in Xi'an! Everyone is invited for a great time! Check our site for all the details www.xianease.com/Hash_House_Harriers	
<b>8th Feb.</b> XIANEASE 多奇西餐 Belgian Bar and xianease Monthly Pub Quiz Beer, Burgers, Wings, and Trivia what more could you ask for? Time: 9:00pm Location: The Belgian Bar	
<b>11th Feb.</b>  Xi'an Book Club Readers Meeting Time: 2:00pm-5:00pm Location: international library (on the third floor of the provincial library) 陕西省图书馆三楼 外文图书馆内	
<b>14th Feb.</b>  DJ BeatBreaker Of Crooklyn Clan Happy Valentine's Day Add: 6F, FuKang Building, #46, South Street Tel: 029-87633999	
<b>16th Feb.</b> XIANEASE 多奇西餐 Movie Night < American Graffiti > Time: 7:30pm Location: Shida S.I.T. (师大路雕刻时光咖啡馆) Tel: 8537 5772	
<b>18th Feb.</b>  Bridges Coffee English Corner Time: 7:30pm Location: Xi Gao Xin (Hi-Tech Zone) 500m south of Keji Lu Tel: 8450 2441	
<b>22th Feb.</b> XIANEASE 多奇西餐 Belgian Bar and xianease Monthly Pub Quiz Beer, Burgers, Wings, and Trivia what more could you ask for? Time: 9:00pm Location: The Belgian Bar	
<b>25th Feb.</b>  Xi'an Book Club Readers Meeting Time: 2:00pm-5:00pm Location: international library (on the third floor of the provincial library) 陕西省图书馆三楼 外文图书馆内	
 Cooking Party Learn to cook traditional Chinese dishes. Time: 16:00-19:00 Location: No.17 Shida Road Tel: 029-85232500 / 85307474 E-mail: xachinese@gmail.com Get all the details from www.xachinese.com	

# SPRING FESTIVAL RECIPES

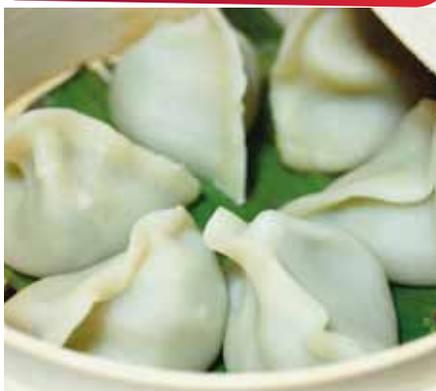
Article by Stephen Robinson

Time has slipped by once again and we have reached that time of year, Spring Festival. For those of you who have never experienced Spring Festival before, it a whirlwind time of loud noises, bad TV programs, and lots and lots of food (including Baijiu). You will also find, as many a Spring Festival vet can tell you, many of your usual spots to eat and drink experiencing a temporary failure to deliver as regular workers retreat home and owners temporarily board up. So this means that you're going to have to stop right there, pick up the knife and take care of yourself.

*I'm talking about cooking. Don't Panic. You can do this.*

*Here are a couple of recipes that can carry you through the new year intact.*

## Pork and Garlic Chives Dumplings 韭菜大肉饺子



A favorite for this time of year are dumplings, a prime feature of Spring Festival dinners everywhere. Some of you may recognize this recipe from last year's double issue, but dumplings are still part of the celebrations as far as I'm aware. The filling is a standard, pork and garlic chives, but feel free to experiment with filling. Swap out lamb and cumin or just fill them with ricotta cheese and surprise your friends with Chinese-style ravioli! Remember to hide a coin in one of them for traditions sake and keep your dentist's phone number handy.

### For the Filling:

500g – Ground Pork (猪肉末)  
1 – Bunch Garlic Chives (韭菜)  
1 – Tsp Minced Ginger (姜末)  
1 – Tbsp Minced Garlic (蒜蓉末)  
1-1/2 – Tbsp Rice Wine (米酒)  
1 Tsp – White Pepper (胡椒粉)  
1/4 Tsp – Salt (盐)

### For the Skins:

500g – Bread Flour (面粉)  
Water  
Salt

### ► Directions

1. Make the skins by combining the flour and salt and then slowly adding the water until the mixture becomes a loose dough.
2. Knead the dough for 20-25 minutes or until the dough ball has become smooth. Let the dough rest covered in a bowl for about 30 minutes.
3. Add the remaining ingredients to a bowl and stir in a single direction until all ingredients are thoroughly combined. Let this rest while you return to the dough.
4. Roll the dough into a long tube shape then slice off 10inch pieces from the dough. You should have roughly thirty by the time you finish.
5. Take each of these pieces and roll them into a ball and flatten them slightly on the counter.
6. Flour your work surface and prepare to roll out the dough.
7. Roll the dough out using a small rolling pin. Try to get the skins thinner in the middle and thicker on the outside. This will allow the filling to cook quicker while maintaining a heavy seal.
8. Fill each skin with 1 tsp of filling and fold the dough over the filling and crimp or crease the edges to seal in the filling. Repeat for the remaining dough/filling.
9. Once you have completed the dumpling making process, choose a cooking method.
  - a) Boiling – boil the dumplings in soup or water for 5-8 minutes and remove from the water.
  - b) Steaming – Place the dumplings in a steamer basket with at least 1/2 an inch away on each side. Steam for 7-10 minutes
  - c) Pan-Frying – pace a small amount of oil in the pan and heat on medium carefully place the dumplings down and cook for 3-4 minutes. Flip and cook for another 3-4 minutes.
10. Serve cooked dumplings with black vinegar and chili pepper flakes if desired.

## Twice Cooked Pork 回锅肉



### Ingredients

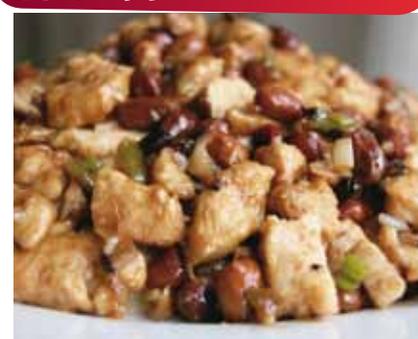
500g – pork belly  
1 – green chili pepper  
3 cloves – garlic, sliced  
2 tsp. – Dark Soy Sauce  
1 tbsp. – Spicy Black Bean Paste  
1 tbsp. – Powdered Chicken Seasoning  
Water

1 – large leek  
1 tbsp. – ginger, minced  
1 tbsp. – Chinese Cooking Wine  
1/4 tsp. – Salt

### ► Directions

1. Boil the pork belly in heavily salted water for 20 minutes or until cooked through. Start with the pork in cold water and start timing when the water begins to boil.
2. Remove the pork and allow to cool, pat dry when cool.
3. Slice the pork into thin slices going across the grain, each piece should look like a short piece of bacon.
4. Halve the chili pepper and remove the seeds. Cut the chili pepper into large rectangular or triangular pieces.
5. Slice the leek diagonally, making wide slices.
6. Place a tablespoon of oil in the bottom of a wok and heat over medium-high heat.
7. Pan fry the pork until browned on both sides. Don't crowd the pan, work in batches until you have cooked all the pork. Once you have finished one batch move it to a bowl or other holding dish.
8. After you finish frying, remove any excess oil in the bottom of the pan until you have about 1tbsp left.
9. Briefly fry the ginger in the oil until you just begin to smell ginger, then add the chili peppers and fry until the skins blister.
10. Add the garlic and the leek pieces and continue to fry until the garlic softens and the leek has taken on some color.
11. Add the cooking wine, Black Bean sauce, Soy sauce, salt, and chicken powder along with a few tablespoons of water and continue to cook.
12. Return the pork to the pan and toss in the newly formed sauce and continue cooking until the pan is almost dry.

## Kung Pao Chicken 宫保鸡丁



### Ingredients

250 g (1 large breast) – Chicken Breast, Cubed  
1/2 cup – Raw, Shelled Peanuts/Cashews  
1/2 cup+ – Green Onions, sliced into rounds  
1 tbsp. – Ginger, Minced  
1 tbsp.+ – Sichuan Peppercorns, whole  
3-4 chilies – Dried Red Chilies, cut into pieces  
2 tsp. – White Sugar  
1/3 cup+ – Chicken Broth  
1 tbsp. – Potato starch  
1 tbsp. (For color) – Dark Soy Sauce  
1-2 tbsp. – Vegetable oil for frying

1 tbsp. – Garlic, Minced  
1 tbsp. – Chicken Powder  
1 tbsp. – Huang Jiu  
1 tbsp. – White vinegar  
Salt

### ► Directions

1. Mix raw chicken, potato starch, huang jiu, and a pinch of salt in a bowl and mix thoroughly. Set aside.
2. Fill a wok or sauté pan up 1/4 of the way with oil, deep enough to deep fry the peanuts.
3. Heat on medium until the oil smells nutty or until a peanut sizzles when submerged.

4. Carefully place peanuts in hot oil. Fry for 2-3 minutes or until peanut skin has begun to darken slightly.
5. Drain the peanuts in a colander set over a metal bowl.
6. Add remaining (2 tbsp.) of oil into wok and add the Sichuan peppercorn and dried red chilies to the wok. Fry briefly, less than 1 minute.
7. Add chicken, green onions, ginger, and garlic and stir-fry until chicken has browned lightly and vegetables have wilted, about 2 minutes.
8. Add the chicken broth, vinegar, chicken powder, salt and sugar to the pan, and cook until liquid has reduced and thickened.
9. After liquid has reduced, add the peanuts back to the pan, along with the dark soy sauce and mix together thoroughly.
10. Kill the heat and serve over rice or on a platter with other dishes.

## Spicy Shredded Potatoes

### 酸辣土豆丝



#### Ingredients

- |  |                         |
|--|-------------------------|
| 2 – Large Potatoes                                   | 3-4 – Dried Red Chilies |
| 1+ tsp. – Salt                                       | 2 tbsp. – White Vinegar |
| 2 – large cloves garlic                              |                         |
| 1/2 – Red or Green Bell Pepper, julienned (Optional) |                         |

#### ► Directions

1. Peel and slice the potatoes lengthwise into pieces like large potato chip (crisps), as thin as possible, 1-2mm thick.
2. Stack the slices on top of each other and slice lengthwise again, again as thin as possible, creating thin strips of potato. (If they're not perfect it's ok, but try to get them as even as possible for even cooking.)
3. Place the strips in a strainer and rinse them lightly with water.
4. Peel and slice the garlic.
5. Put the oil in a wok or large frying pan over medium-high to high heat
6. Add the chilies and the garlic, and cook until garlic begins to brown, 1-2min.
7. Add the potatoes and bell pepper and toss in the oil. (be careful! the water in the potatoes will pop when it hits the oil)
8. Add the salt and cook for several minutes, continuously turning the potatoes for even cooking. If your potatoes begin to stick, add a small amount of water and scrape the bottom of the wok.
9. Add the vinegar to the potatoes, continuing to scrape and stir.
10. Cook until the potatoes are soft and no longer have a raw taste. Add salt to your preference and enjoy.



Read this article and more at [ciafl.wordpress.com](http://ciafl.wordpress.com) or contact Stephen at [stephen.robinson@xianease.com](mailto:stephen.robinson@xianease.com)

## Basic Chili Recipe

### 辣酱秘方



In preparation for this year's xianease Chili Cook-off, here's a primer on how to put together some chili, and beans or no beans, it will fill you up and keep you warm as the mercury drops.

#### Ingredients

- 250 g – Kidney beans canned or rehydrated and cooked
- 1/2 – large yellow onion
- 1 tbsp. – olive oil
- 2-3 – cloves of garlic, minced fine
- 250 g – lean ground beef
- 3-4 – large tomatoes, diced
- 1/2 – green bell pepper, diced
- 2 tbsp – red chili powder
- 2 tbsp – oregano
- 1 tbsp – ground black pepper
- 1 tbsp – ground cumin
- 3 tbsp – tomato paste
- water

#### ► Directions

1. In a large pot combine heat the olive oil over medium-low heat. Add the onions, bell pepper, and some salt and sweat until onions are translucent. Add the garlic and continue until garlic softens.
2. Add the beef and cook until browned.
3. Add the spices, tomatoes and beans and mix thoroughly
4. Fill the pot 2 inches from the top with water and bring to a boil.
5. After the pot has reached a boil, reduce heat to a simmer and cook for 45-minutes to 2 hours, or until chili has reached the desired consistency. If you have a crock pot, move ingredients to it, set it to low and cook overnight.
6. Serve over rice or noodle with a bit of cheddar cheese.



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# YU HUA GONG SKIING Your Adventure Awaits

Article by XIANEASE

The saying, "When life gives you lemons..." is most apt for Xi'an in January and February, there are great festivals and gatherings to enrich our cultural and social understanding and there is less than pleasant weather to help us keep up-to-date on the latest movies and computer games...Where the other ten months of the year seem to pass by in a blur these months, post holidays (both Western and Chinese) inch by like a snail in molasses as cabin fever quickly sets in leading us to multiple days of never opening our front door, not wearing real clothes, and watching full seasons of TV shows in one sitting...in other words these two months are what you make of it and, well...left to our own devices we don't seem to make much.

Now it's easy to dismiss that above paragraph at "someone else" but seriously look at your weekly routine and notice the correlation between the temperature dropping and the dent in the couch deepening...look we aren't trying to single you out or anything it happens to all of us... and that's why when it comes to the winter months we go out of our way to find something, anything to do that will get us out of the house and on an adventure.

It's relatively common knowledge that there are a few ski "hills" around Xi'an and so from the first planning meeting the team named two right off the top of our pointy little heads. Don't worry we will list them all and let you decide the one to try. But as with most of our articles we wanted to try to find something a bit unique and not widely known...(could you call it hipster journalism?) and so we delved deeper and came up with a pretty interesting option that, like PBR is ironic yet mainstream...so maybe double ironic...if there is even such a thing.

Located NORTH of Xi'an (Yeah seriously did you even know there was a north here?) is a park called Yu Hua Gong (玉华宫) and was apparently a palace and park area for a long ago emperor...but we weren't



interested in history (this time) and so skipped the lesson and went straight to the skiing information. The grounds that the hill is on is huge and we actually never even say the palace but we did see quite a few frozen waterfalls on the way driving through the park.

Now, before you get your hopes too high it's best to keep your expectations at a realistic level, there are no double black diamond runs, no hot chocolate in the ski lodge, and the rental equipment is...shall we say...well worn. But, what it lacks in actually ski hill-ness (ok that's not a real word but you get the idea) it makes up for in adventure.

It's a three hour trip from the northern bus station that takes you through some interesting country and once you get to the gate of the park you still have quite a trek and though we were going there only to ski it was tempting to park our little xianease-mobile and hike around for a bit...but because the car never slowed down, child safety locks, and all the snacks we had



snacks in the car getting out early didn't happen...and we made it to the ski hill raring and ready to go.

The area only has a single run, just like the other two hills in Xi'an and the slope is mostly suited to learners and first-timers than enthusiasts, but if you take the ski lift (not a rope but not quite a chair) thing to the top of the hill it's not a bad little run that's both wide enough and long enough to give you a feeling of skiing, and the folks falling and yelling around you add spice to the run especially at the bottom where everyone seems to congregate.

When it comes to renting the equipment it seems that there is enough to go around with sizes from the very small to the HUGE but be warned you're not going to be using top-of-the-line stuff here...it will all work and fit but it's not going to look good...but then again maybe it will look good in that retro beat-up yet functional kind of way (one might say Hipster yet again...).

Since most of the team had never skied before we had some private lessons by a staff ski instructor that was self-taught and very good at helping the team to remain on their feet and actually going down the hill... for a little ways anyway. There is no set rate to lessons and it seems these guys just ski around helping out those that ask so be sure to speak up if you are looking for some help.

The hill is open from the middle of December until March and they have a powder machine on site meaning that no matter what the weather there will be a snow/ice mixture that can be used to ski upon...it can get to be hard-pack (meaning ice basically)at times but hey you're keeping your expectations realistic remember?

All in all this is a day trip that, while it might be skiing

## Welcome 2012 Happy New Year Xi'an! From everyone at XIS.

May the hopes of the new year fill your hearts.

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 January 9th - 29th XIS/CTC  
 closed for the Chinese New year and Spring Festival  
 January 30th - new student orientation  
 January 31, 2012 - first day of classes for second semester

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focused isn't really going to be about the skiing for the most part, it's more about the adventure, the getting out of the city and discovering the north of Xi'an. It's about giving that couch a break and doing something different, let's face it, if it was an amazing hill this wouldn't be the first time you've heard about it, but then again any adventure, any experience is what you make of it...so grab some folks and see what happens...



Question or comments about activities around Xi'an contact at [editorial@xianease.com](mailto:editorial@xianease.com)

**To and From the hill**

From the Xi'an Northern Bus Station 城北客运站 get on the Tongchuan bus (first bus is at 7am) to Tongchuan Bus Station, this will cost you about 30.00 RMB and take an hour and a half. Once you get to the Tongchuan Bus station (the last stop) grab a special route bus to Yu Hua Gong (玉华宫) for about 13.00 RMB and take another 90 minutes to get you to the hill. To get home just do it in reverse...but beware the last Tongchuan - Xi'an bus is at 5pm!

**Tickets:**

Yu Hua Gong Ticket is 41.00 RMB per person (yeah who chooses 41?! ) and can be purchased at the gate. This ticket includes Xuan Zang Museum, an Ice Sculpture Exhibit, and Tempo visit.

**SKI FEE:** Holidays are 100.00 RMB per hour and during "normal" times it's 80.00 RMB per hour.

**EQUIPMENT RENTAL:** 50.00 RMB includes Skis, boots, poles, and all the fun you can handle.

**As promised here is the information for the other two hills around Xi'an:**

**\* Bai Lu Yuan Ski Place 白鹿原滑雪场 (East of the city)**

**Address:** #86,shui an lu.

Take Bus 240 or 910 (about an hour) and get out when you see the big ski hill

**Cost:** entrance ticket 20yuan

**Ski Cost:** day time (8:30-17:00)

	Monday - Friday	Weekends
8:30-17:00	80.00 RMB for one hour 100.00 RMB for two hours 130.00 RMB for three hours	100.00 RMB for one hour 150.00 RMB for two hours 180.00 RMB for three hours
evening (17:00-24:00)	80.00 RMB for two hours 120.00 RMB unlimited time	100.00 RMB for two hours 150.00 RMB unlimited time

**Phone:** 82615133 / 82615366

**\* Cui Hua Shan Ski Adventure 翠华山滑雪场**

Take bus 905 to Cui Hua Shan and then a tuk-tuk to the ski hill

**Ski Cost:** opening time 8:30-17:30

Monday- Friday	Weekends	Holidays
80.00 RMB for one hour 140.00 RMB for two hours 180.00 RMB for three hours 220.00 RMB for four hours 300.00 RMB for all day	100.00 RMB for one hour 180.00 RMB for two hours 220.00 RMB for three hours 280.00 RMB for four hours 380.00 RMB for all day	120.00 RMB for one hour 220.00 RMB for two hours 300.00 RMB for three hours 380.00 RMB for four hours 480.00 RMB for all day

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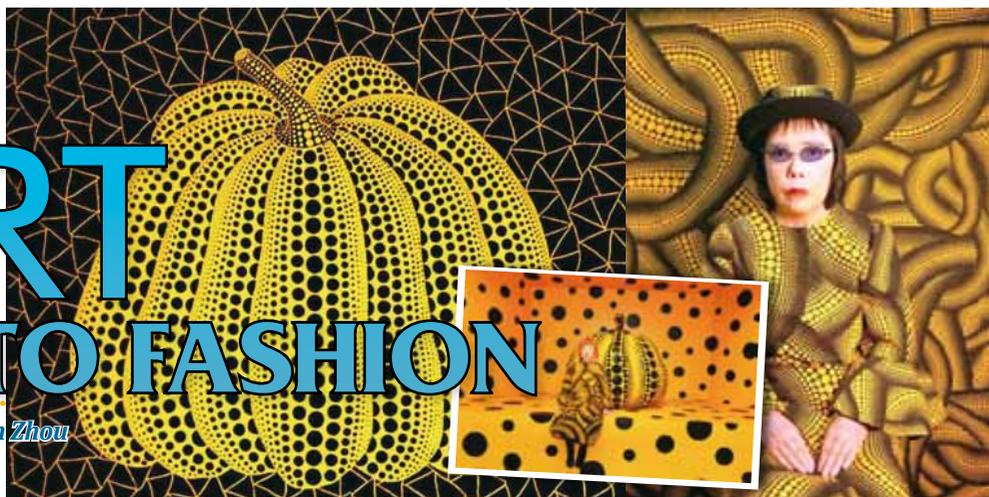


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# ART AS TO FASHION

Article By *Kristen Zhou*



Since I started paying attention to art (mostly painting), I have found that art in any form creates an interesting ingredient for everyone's life, and it affects people's lives, moods, and emotions almost naturally. I'm not sure how much you know about art, how deep you're involved in art, what a fashion addict you are, if you are an artist, the last time you went to a gallery, how moved you become by a painting or shocked by an installation. But I think you'll be interested in getting to know what's happening in some place you might not have noticed, and with people you might not know...

Since discovering this new passion of mine I've changed my habit of buying 3 kinds of fashion magazines a month to buying 5 kinds of art magazines, as well as visiting foreign or local art websites regularly. Even though I'm still a freshmen when it comes to art I still can see art developing and what derivatives were the caused because of it. I like to visit art galleries (both concrete and online), art districts, art fairs, auctions and art institutes. It has brought new careers to mind such as gallery curator, auctioneer, art investment adviser and surveyor just to name a few. More and more people are getting involved in this veritable banquet of art, more are thinking of

ways to make art a successful business (I'll let you decide if that is right or wrong to do).

Meanwhile fashion goes its own way when it comes to art trying to satisfy the more and more knowledgeable and particular customers. As an example of the meshing of fields November saw the Art Basel Miami Beach show where Anselm Reyle cooperated with Dior to design limited edition clothing. For those that don't know Anselm Reyle is an artist from Tübingen. He studied at the Staatliche Akademie der Bildenden Künste, Stuttgart and at the Staatliche Akademie der Bildenden Künste, Karlsruhe before he moved to Berlin in 1997 where he founded a studio in cooperation with John Bock, Dieter Detzner, Berta Fischer and Michel Majerus. He is known for his unique art aesthetic standard which was perfectly integrated in this special limited edition series for classic Lady Dior and Miss Dior which

excited and intrigued Dior's devoted admirers (of which I am one).

As yet another connection of fashion mixing with art more and more fashion shows are hosting their opening ceremonies and receptions, wine tastings, and private parties in famous galleries. This symbolic relationship isn't really strange news if you've been followed fashion trends it's something that the larger fashion houses and more famous artists have been doing selectively for years. It is only now though that we see the smaller fashion houses and more main stream artists working together. Such as Louis Vuitton's Murakami Takashi limited edition, a special designed line for Neverfull and made their famous smiling cherry logo a sensation around the world. We all know that handmade bags with product numbers are already valuable, but having a specially designed bag done by a famous artists not only means more real value but also the chance for the owner to show off their own unique taste, It's a bag and a work of art.

Every year top brands release limited edition collections and bring more art elements into the picture. In reality many fashion houses are already using fine art in their marketing through package designs, layout



styles, and even store settings, these are typically done by famous artists but on a more mass consumption basis. Getting away from the ultra-brands what about more genial brand names? One in particular, UNIQLO very frequently partners with artists to come up with collections of unique and stylized apparel.

The great thing about art is that it is versatile in its effect and medium. Yoshitaka Amano once designed for UNIQLO, he is a top comic artist in Japan and the father of the Final Fantasy game series. He has cooperated with quite a few brands actually, such as Dior Homme, De Beers, Roberto Cavalli, Moschino, and Mont Blanc...a varying as those name brands are you must be able to get a clue of his imagination.

In 1997, Yoshitaka had a solo exhibition in NY where he got to know lots of local artists and since New York is an extremely fashionable city so he stayed longer and he was introduced to more of the interesting aspects of fashion. In an interview while he was in New York he said that the difference between designing for fashion brands and regular paintings is only that straight painting isn't as materialistic. When challenged with the notion that most artists worry that if they cooperate with fashion brands it will make their art commercialized and lose the true meaning of art. He said that as an artist he works with fashion brands as an extension of his art and that the balance between art and commercialism is seen as another challenge.



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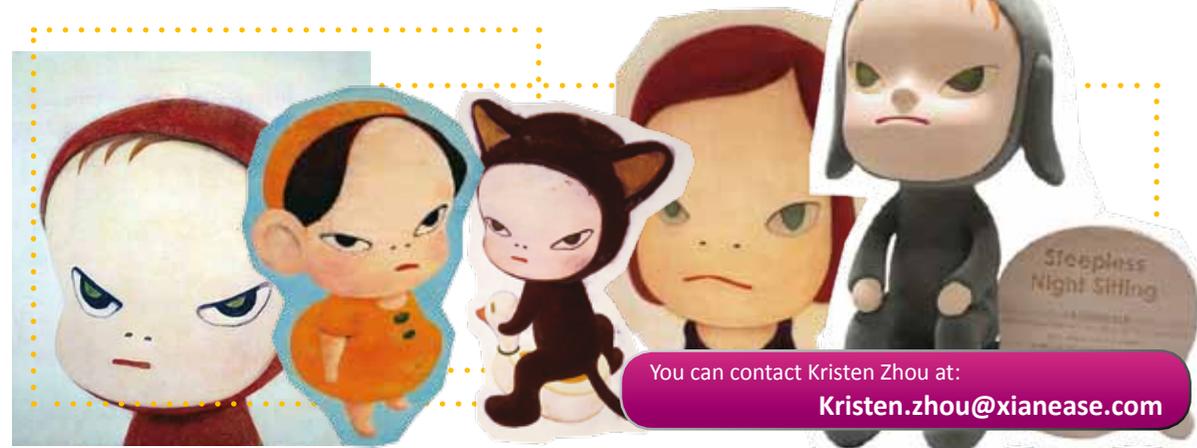


Examples of Art and Fashion are John Galliano's designs for Dior's spring runway collection by choosing John Singer Sargent's paintings on fabric. Celine used American illustrator Charley Harper's paintings of wild animals for their fall collection. Diane von Furstenberg released an Andy Warhol swimming suit series. Colorful and imaginative images on Miu Miu miniskirts are by the famous Ella Tjader. In 2009 Versace invited Julie Verhoeven to design their 30th anniversary ceremony. Kusama Yayoi designed an extreme personalized bubble cosmetic's bag, and Fifi Lapin joined up with LeSportsac to release their now iconic Artist in Residence handbag series. So as you can see the combination has been around for a while but only recently has the paced picked up.

In looking at China, although China's contemporary art scene is still a bit off from most Western Countries

and mind sets, the time is set where east and west will combine fashion and art to bring about yet another aspect of this relationship. Art is going to ordinary families through different means, fashion effects popular tastes in millions of people, on your desk top do you have a print of Yoshitomo Nara's 'sleepless night'? Or is one of your lounge chairs in your living room designed by Plero Lissoni? Did you try to make a bed frame in a Mediterranean style all by yourself? Is there a ticket stub of the Da Vinci Exhibition from last month left in your drawer? Do you understand what I have written here? If so that is enough to prove you're fashionable and have at least the beginnings of an artistic aesthetic standard. You don't have to own famous paintings or name drop designers to have an art sense... simply know what you like and why you like it and the rest will come.

Fashion



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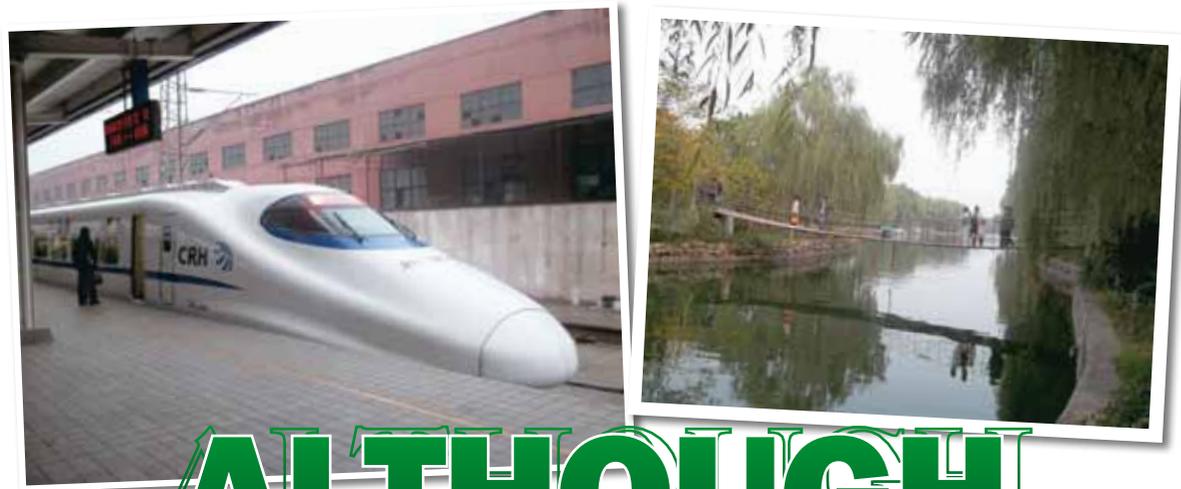
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# ALTHOUGH

Article by **George Macarthur**

Although I am a newcomer to China and only arrived in Xi'an a week ago, I was invited to a wedding in Bao Ji. The wedding was quite spectacular, the bride was beautiful, the food was incredible, and the people at my table were kind and gracious. The wedding started at 11 A.M. and to my amazement, at 2 P.M., the guests filed out, the hall emptied and the wedding was over. My Chinese friend, guide and fellow teacher, Chaucer, found ourselves out on the curb wondering what we were going to do for the next five hours, our train didn't leave until 7:45, Bao Ji was new to both of us. Then Chaucer remembered a college classmate, she gave him a call and 20 minutes later we were sitting in his noodle restaurant on Shu Guang Road behind the train station. Chaucer told me I had to order something or I would insult him.

Kevin (Hu Xian Yu) makes great noodles, but I had just eaten a 12 course dinner at the wedding. As I pushed the noodles around the bowl, Kevin talked about how he liked to hike the mountains and hills outside Bao Ji. I asked him if there were any trails nearby, and before my chop sticks could land on the counter the three of us were out the door and in a taxi headed for North Slope Park, Kevin leaving his surprised mother to take care of the noodle shop

and Chaucer was running behind us.

Bao Ji sits in a valley surrounded by mountains and has a main thoroughfare that goes through the city. We headed west from the railroad station and turned right Yuan Wei Road, after about a half mile the taxi came to a stop at the base of a set of 20 foot wide steps that ascended directly up the side of a steep very steep hill. We didn't have to climb too far, about 200 steps to reach the base of the park. In those few steps we left the bustle of the city behind and we entered an enchanting forest. From that point there were several trails, both paved and dirt, that lead through the hills and up this small mountain. We followed



a paved road/trail to the west and further up the hill.

Not long after we left the steps we could see a Buddhist Temple above us, today was the first day it had not rained in two weeks, but it was quite cloudy and there was a mist of clouds around the temple. We had to circle around because the usual path to the temple had been washed out in the rain. After climbing the steps to the temple, we turned to see a beautiful view of the city of Bao Ji below; it was well worth the hike.

The temple was quite old and its six or seven buildings were in need of repair but the temple still held its magnificence. In the back and a little further up the hill we found a shrine being with an old woman, we offered prayers, deposited a small tithe and found another trail back to North Slope Park. On this alternate path we passed corn fields and apple trees which Chaucer stopped to pick. At the park we came upon two beautiful court yards, each a square of about 30 yards encircled by beautifully manicured hedges, on the east side of these squares we found a pagoda which we found to be a beautiful place to sit and talk.

With the clouds rolling in we decided to head back to the city, after descending the steep steps,



we walked down Yuan Wie Road and turned down Bao Ji's main thoroughfare and the business district. After a few hundred yards we came upon Emperor Yan Park. A delightful city park, with a small kiddie amusement area with bumper cars and little Ferris Wheel type rides, a perfect place to take young children; as we walked on, we came onto a concert of six men sitting and playing sweet high-pitched violins with a small crowd gathered around them to listen. Unfortunately it was starting to rain and so we couldn't stay as long as we would have liked.

As we were leaving the park, we came across a group of men writing Chinese characters on the pavement. They were using what



looked like a stiff mop and a bucket of water. Chaucer said they were writing political messages and words of wisdom. They had filled half a court yard with characters. Leaving them behind, we grabbed a taxi, headed toward the train station and stopped at a hot pot restaurant. As soon as we got inside it started to pour, The three of us ate and talked, when it was obvious that the rain wasn't going to relent, we braved the downpour with our lone umbrella, found a motorcycle taxi and returned to the train station.

Chaucer and I said goodbye to Hu Xian Yu and an hour later we boarded the Jin Ding Shi, the new shiny high speed train back to Xi'an. Wow, what a great city, there was a small town atmosphere, and city was very clean. With the high speed train it can be a great day trip, only 173 Kilometers from Xian. Definitely a place that needs more exploration.

You can contact George Macarthur at:  
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# VOLUNTEER TOURISM TRAVEL WITH A CAUSE

Article by Shannon Wood



Volunteer tourism is quickly gaining popularity around the world; it's an amazing way to experience another country from a grassroots level whilst contributing at the same time. Earlier this year I made a trip to Cambodia to teach English in an orphanage school through a volunteering company. It was a life changing experience to say the least.

Cambodia is one of those unique places that makes a lasting impression on you, not particularly because of the beauty of the place itself, but because the people are some of the most welcoming, happiest and friendly people I have ever met. A country that is still recovering from years of political turmoil and social unrest yet remains optimistic of the future. Volunteering in a school was an amazing way to gain a real insight into Cambodian life.

The teaching position itself was such a great experience, being able to interact with the children of Cambodia, and feeling like you were making a positive impact on them, but at the same time they made a huge impact on me. They taught me that circumstance is no obstacle for not being able to do things in life, even though they literally had nothing and no family they were so eager to learn. Coming from a western country, where education is a given and we sometimes treat it as a chore, it made me realise how fortunate I was to be given the chance to learn, and enrich myself with knowledge. But these children were the lucky ones in their country, the ones that

were given the chance to learn and have a head start in life, many others their age were working; on the streets and in the fields, having to provide an income for their family. It was so heart-warming to see their hunger to learn not only English, but about countries other than their own.

Volunteer travel is a great way to network with other people wanting to make a change in the world, and it makes a change from sitting on a tropical beach somewhere sipping a cocktail. It's a great way for solo travellers to connect with other people who are also working on the programs.

There are many different programs you can undertake, such as teaching, orphanage work, sports programs, healthcare, conservation, and women's empowerment, in various countries. You can stay for as long or short as you like, anywhere from a week to a year, I personally stayed for a month, it was just long enough to absorb the full experience, establish friendships, and to see the country at the same time. It's a beneficial way to travel if you want to meet locals, and experience the culture of another country from a local's perspective.

So next time you are planning to travel, think about a trip that is going to positively impact on others as much as it will leave an impression on you!

You can contact Shannon Wood at: [swood5@our.ecu.au](mailto:swood5@our.ecu.au)



# WINTER WONDERLAND

Article by Deborah Howard

It's that time of year again when we curl up under the blankets and dream of faraway beaches, little cocktail drinks with umbrellas and fruit and barely clad waiters and waitresses. But... we are in Xi'an and locked into the freezer. The only thing to do is to make the most of it!

Most of us have been to HuaShan, but how many know about CuiHuaShan? CuiHuaShan is in the Qinling Ranges about 20kms from the centre of Xi'an. This is a lovely mountain area any season of the year, but for me, particularly in winter. There are fewer visitors and when it is snow covered, the scenery is magic.

CuiHuaShan also has ski slopes if you are into being very active. The slopes are man-made because CuiHuaShan is too steep for natural ski runs. The slopes are gentle, easy ones; good for learning on if you are a novice.

I didn't hit the ski slopes – been there done that, fallen over a million times. For me, CuiHuaShan in winter is about the frozen creeks and streams, the waterfalls suspended in time and the gorgeous views of snow covered trees and mountains.

A nice trek takes you along the 18 Bends trail, curving around a rock-fall-dammed lake. At the top the Heavenly Pool and Rock Sea await you. One day I am going to count the number of 'Tianchi' (Heaven Lake) in China! I ventured onto the lake,

wishing I had skates. However I didn't go too far from the edge, not sure how solid the ice under me was.

If you are into geology, this area is a good playground as it is one of the biggest areas in the world for landslides, and has been turned into the Tianchi Landslide Tourist area. The benefit for us non-geo people is the steep cliff faces, the main peak, Zhongnanshan, (2604 m), the climbs and scenery.

The Yifangyuan area is more about walking through the snow covered forest, and enjoying the peace. The Ganquchi forest area has steeper trails leading up through the mountains, following the paths the traders used to travel between north and south China.

The Ice Cave is cold and icy all year round, but in winter it is especially cold and icy. Other caves to explore include Wind Cave, Bat Cave (home of Batman!), Heaven Cave and Summer Spring Cave.

Keep a look out for animal tracks in the snow. I have found it very difficult to find wildlife in Chinese parks because of all the tourists, but here, at least in winter, you can see that wild life does exist.

You can visit the tourist sites (Landslide museum, Military School motto etc) but for me, CuiHuaShan in winter is about the beauty, peace and qui-

et – away from the ski slope!

CuiHuaShan is easy to visit. Catch the 905 Bus from the city or DaYanTa or the Huan Shan Tourism Bus No. 2. The park has an entrance fee (75Y), and if you have a student card, try using it for half price.

There are hotels and resorts to stay in if you want more than a day trip, and the local village also offers a hotel (NOT 5 star!!). The tourist village also has a food street, but not all restaurants are open in winter, but you should still be able to find your fill of hot noodle soup after a cold climb.



Frozen waterfall



Beauty



Pavilion

You can contact Deborah at: [deborah.howard@xianease.com](mailto:deborah.howard@xianease.com)  
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# South Street Bar

Article by Sarah Pei



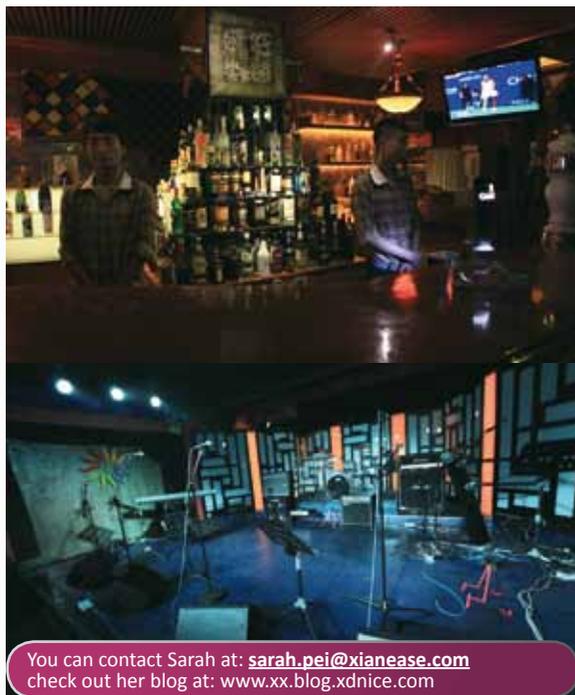
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South Street Bar is the biggest discovery for the New Year. As its names suggests, the South Street Bar is on the south street of Xi'an. Entering the south gate of the city wall, you can find it easily on the main street.

South Street Bar takes up around 500 square meters underground. It's warm and neat. The owner fancies the Beatles a lot. You can learn it from the big wall painting of the cover of their album Abbey Road. You can also see pictures of the Beatles almost everywhere in the bar.

As a live house in Xi'an, the South Street Bar definitely stands itself out with a band called legend, with whose drummer from Philippines, female singer from Cuba and other three members from Columbia. As far as I know, this is the only foreign band who plays in bar in Xi'an. The legend band plays various of music at night. Paul Anka and Jason Mraz are all their taste. Their passion and beautiful singing will create an unforgettable night. You can't miss this great band if you really love the hot atmosphere of live music.



You can contact Sarah at: [sarah.pei@xianease.com](mailto:sarah.pei@xianease.com)  
check out her blog at: [www.xx.blog.xdncie.com](http://www.xx.blog.xdncie.com)

# 中文

# So You Want to Learn Chinese: Adventures and Observations on Language Learning.

Article by HueyLy

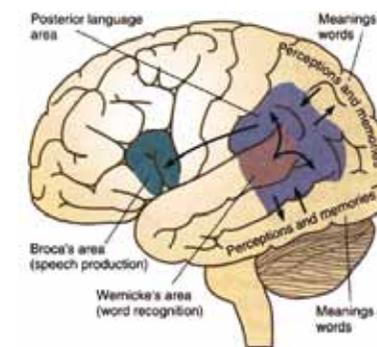


We knew how to speak both Vietnamese and Cantonese growing up in Vietnam as Chinese immigrants, my brother, sister and I. And for some reason we always knew they were separate languages, without having anyone really explained to us the intricacies of being bilingual. When we moved to the U.S., we picked up English easily, and were speaking English to each other after only a couple of years of living there. We were trilingual by age ten not because we're super smart or anything (believe me my brother can be such an idiot sometimes). It was because we didn't view it as a difficult task. We just viewed it as learning a different variation of something we already knew.

The biggest obstacle you will face when learning another language is yourself. I've met so many students creating hurdles in their minds thinking that learning Mandarin is this monumental task, akin to rocket science! But it really isn't. As many astute observers have pointed out, Mandarin isn't hard ... 1.6 billion Chinese people speak it everyday!

Words represent meanings, that's all

they are. Tools for our brain to put labels on objects and ideas. Language is the building blocks of thoughts, a trick invented by men to facilitate the sharing of our experiences. At the fundamental level, we're just agreeing on the same sets of symbols and utterances to convey the same thoughts, it really doesn't matter what language they are in. Even with English alone we can have many different words to represent the same meaning. Father, papa, dad are some examples. You can easily add baba in Mandarin or padre in Spanish to that list. Thinking about languages this way will help you overcome that hurdle of thinking that a foreign language is this alien unattainable thing.



Now for our first tip, try not to translate a Chinese word to your native language before deriving the meaning from it. I know you do it, we all do. When learning a new language as adults, often times we do these mental tricks to help us remember new words more quickly. Get rid of that middle layer! When we learn our first language as kids, we had to attribute

direct meanings to each word we learn. Be a kid again. Think of an image or an experience when you hear or see a Chinese word, not your native language counterpart. Granted, this isn't very easy, especially at first, so it's okay to use this mnemonic trick sparingly as crutches. But do strive toward the ultimate goal of ridding yourself of that extra layer and you'll find the retention rate much higher than before.

# 我爱你

## wǒ ài nǐ

I love You in Mandarin Chinese

And practice, practice, practice. Even if you've only started learning for a short period of time, it's never too early to start using what you've already learned. Our brains are wired to naturally pick up a language, but it doesn't magically happen overnight. Form those neuro pathways! Make them stick!

Next month we will dive into the fun aspects of the Chinese language. And by "fun", I mean, WhatTheFreak!? Why is this language so weird!?

HueyLy moved here from the U.S. to help start an English teaching software company. He can be contacted at [hueyly@whyuu.com](mailto:hueyly@whyuu.com). Blog: <http://www.hueyly.com/wordpress>

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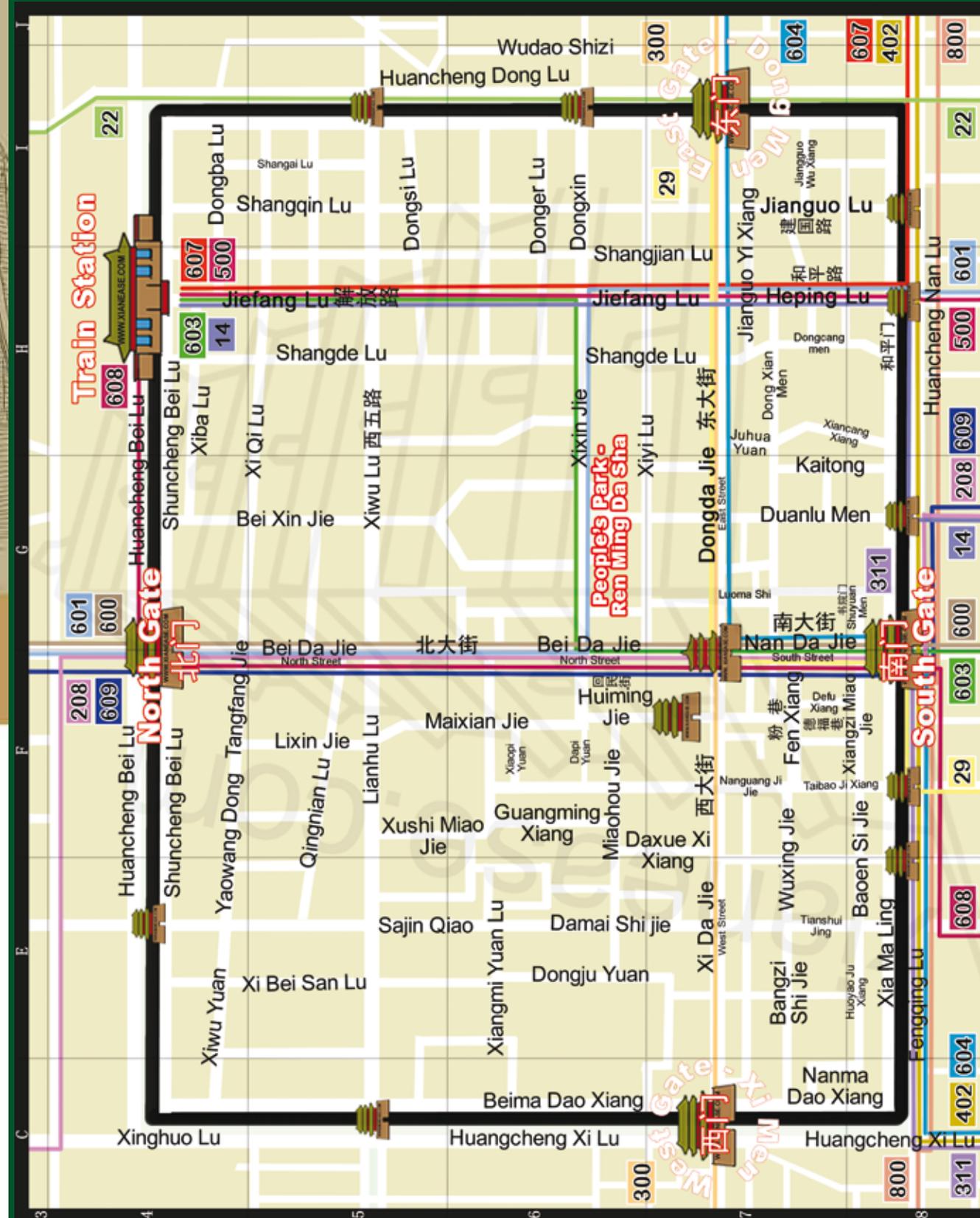
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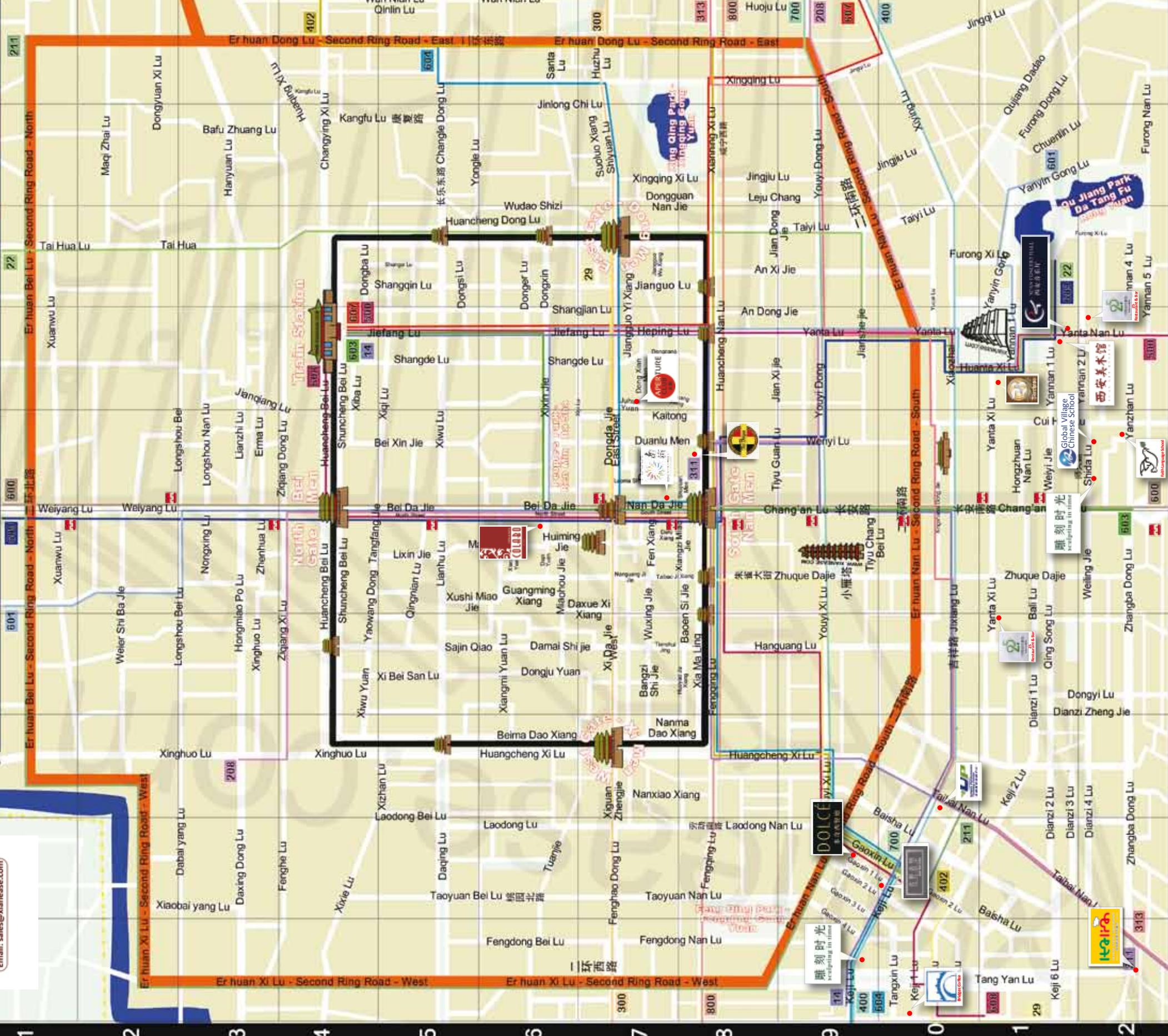
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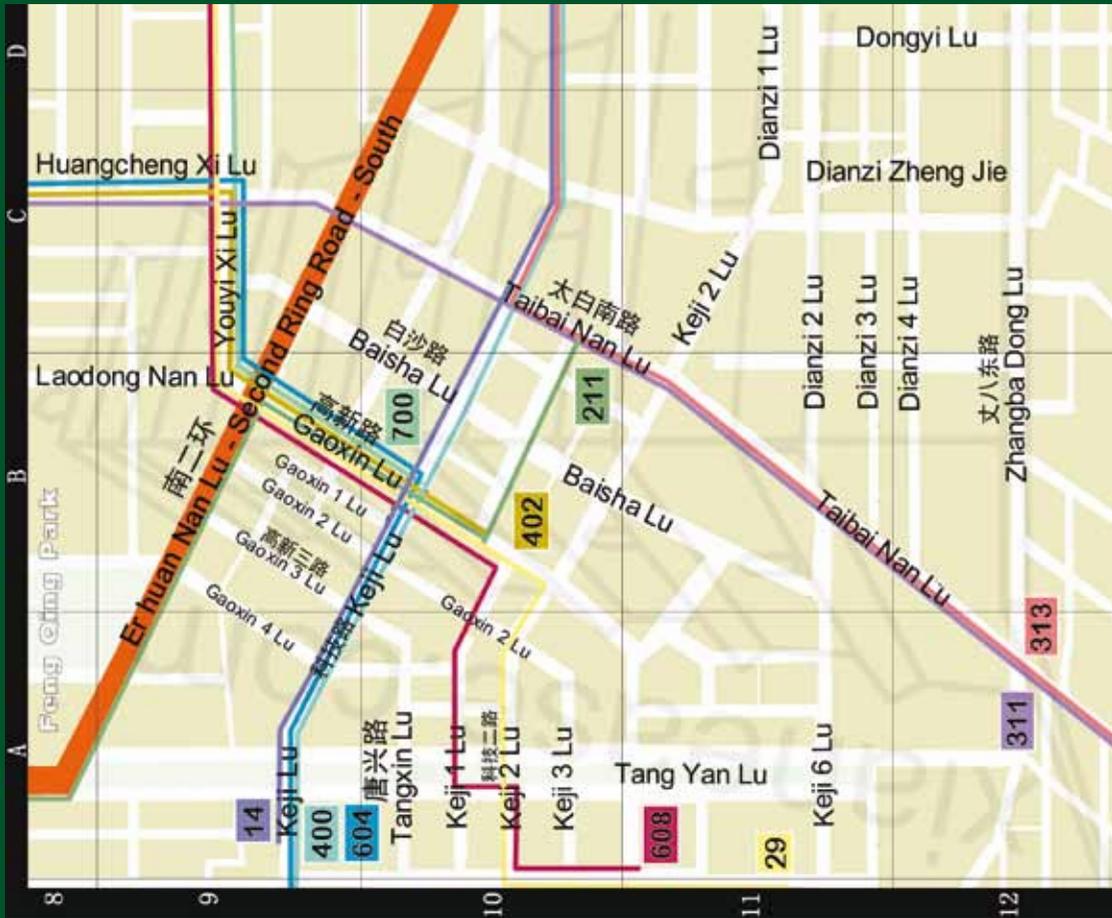
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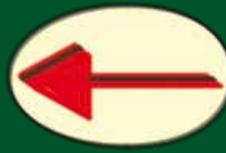
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# INTERVIEW

## XIS Principal JACK VEGTER

**Xe:** Thank you for taking the time to talk with us, if you would please introduce yourself, how long you've been in Xi'an and what you do here.

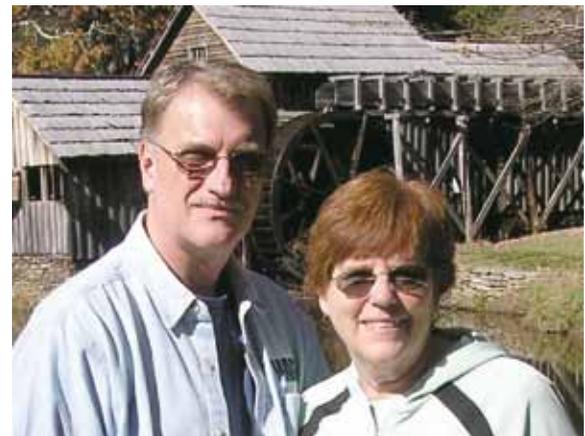
**JV:** My name is Jack Vegter and I am the principal of Xi'an International School. My wife and I have been in Xi'an about two years.

**Xe:** How did you ever find your way to Xi'an as the principal of an international school?

**JV:** I have been an educator in international schools for the last 20 years. And while attending a recruiting convention in 2008 we met members of the XIS' school board and we began a dialog that led to our being asked to move here and work with the school.

**Xe:** It sounds like you've been an educator all your life, what made you get into the field in the first place?

**JV:** I think I always wanted to be a teacher. This was confirmed during my college years at Michigan State University when I tried some education classes and was hooked. Since then I have taught in every grade from kindergarten to college, and now administration.



**Xe:** You have been posted to quite a few different locations around the world, what was your favorite place and why?

**JV:** We spent 12 years in Ecuador South America and fell in love with the culture, people and the Andes Mountains. We made many friends there and helped with training and teaching many people who started schools in the villages and neighborhoods.

**Xe:** Coming into a new city and taking the helm of a school cannot be an easy task, what is the largest obstacle you've encountered and how did you overcome it?

**JV:** Chinese culture is one of the oldest in the world and learning the basics that we need to work with the people has been a challenge. We ask a lot of questions of our office staff and they are so patient. It requires stepping outside of our western behaviors to learn new things.

**Xe:** Having traveled the world and lived in so many places what would you say is the one thing that sets Xi'an apart from all the other places you've been?

**JV:** Xi'an has somehow kept a link to its long ancient history while it moves quickly in to the 21st century.

**Xe:** If you could be any other place besides Xi'an where would it be and why?

**JV:** Now you have asked a most difficult question. There are so many places in this world that could fit this answer. But this year there is a place that is at the top of every list. This past October our daughter married a very fine young man. We would love to be near them in the United States, though not too near, so we could get to know our new son better.

**Xe:** Do you get to travel much? Where is the one place you have always wanted to go but haven't gotten to yet?

**JV:** Both my wife and I hope to travel around Europe.

Each of us spent time there before we met and want to go back and see the places each remembers.

**Xe:** Being an educator isn't about the pay or the hours it's about passion, besides XIS what are you passionate about?

**JV:** I love to cook so whenever I get a chance I get into the kitchen and create something. It relaxes me so is a good outlet and balance from my "vocation". One day I would like to take a Chinese cooking class.

**Xe:** You've been in Xi'an for a few years now, where do you think your next stop will be?

**JV:** After 30 plus years in Education I am probably looking at a refocus of careers (some call it retirement). The next chapter will be in a support roll to schools and educators in international schools. I could see myself teaching in a College or University somewhere, too.

**When you're not planning school plays, functions, and courses hopefully you're out exploring Xi'an so let's test your xianease-ness;**

**a). What is your favorite Chinese food and where do you get it from?**

**JV:** There is a new Beijing Duck restaurant in our neighborhood. I have come to like that taste.

**b). Where is your favorite place to go for a drink?**

**JV:** Starbucks

**c). Favorite places to get western food (non-pizza)?**

**JV:** The Portugese St. Loius Resturant in Gaoxin or Colabo's down town are our favorites in this city. But there is a little Hotel/Restaurant in the Andes Mountains of Ecuador beside a lake that has the best food and atmosphere anywhere in the world.

**d). Where do you like to get a cup of coffee or tea?**

**JV:** The Starbucks downtown under Kai Yuan near the Bell Tower.

**Xe:** Finally a question that teaches us all about you ; What do you have in your pockets right now?

**JV:** My cell phone, keys, wallet, gum and an ink pen are the only things I keep on me at all times.



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## INTERVIEW

Citadines  
SEAN YE 叶小华

**Xe:** First let me welcome you to the pages of xianease, please introduce yourself to our readers.

**SY:** I am Sean, originally from Shanghai, currently as the Residence Manager of Citadines Central Xi'an. I have been with the Ascott family for over 13 years, with previous locations to Singapore, Manila, Dubai & Jakarta. However, Xi'an has been the longest city I have been staying.

**Xe:** How did you get involved in the hospitality industry?

**SY:** Even though I graduated from automobile engineering, I got introduced into the hospitality industry by referring of a friend and afterwards, finding out the service industry is really where I feel belonged to.

**Xe:** Could you please tell our readers a little bit about the Citadines brand and the brand activity in Xi'an and China.

**SY:** Citadines Apart'Hotel, defined as a vibrant global serviced residence, is managed by The Ascott Limited (Ascott). Ascott is world's largest serviced residence owner and operator, as well as in China. Citadines features of its chic and vibrant design. Together with the tailor-made services, it offers residents a private, comfortable and easy lifestyle.

At end of October, we just celebrated the grand opening of Citadines Xingqing Palace Xi'an which is the 3rd Citadines branded serviced residence in this city. This positioned us as the one and only international serviced residence which leads the global living standards in Xi'an.

**Xe:** Xi'an is a city built with tourism and travel as a corner stone, what is it that Citadines is doing to keep up with the traveller demand as well as competition from the other hotels in the city?

**SY:** Citadines offers more than 'hotel-like' staying experience. We strike no efforts on creating the comfortable 'living' life in Xi'an. By staying with us, not only you get extremely spacious room layout, you can choose the

services based on your budget and personal preference. Whilst, all of our 3 Citadines properties in Xi'an are separately located at the heart of old city center (Zhubashi)—Citadines Central Xi'an, High-Tech Zone—Citadines GaoXin Xi'an, and University cluster (Xingqing Road)—Citadines Xingqing Palace Xi'an to fit various tourists demands.

**Xe:** Anyone in a new job is faced with challenged, as a Residence Manager you must be faced with more than most, when you first arrived what was the biggest obstacle you faced and how did you surmount it?

**SY:** I was assigned to relocate to Xi'an for launch our 2nd Citadines in Xi'an: Citadines Gaoxin Xi'an. However, I was taken over to oversee my current property Citadines Central Xi'an. With two of these extremely important concurrent missions, we managed it well with quickly putting a great team together. It has been proved the absolute right strategy with sharing our city team from sales to marketing, guest services and operational staff, which made 2 of us a much more stronger team when facing the fast-developing competitors. I have a complete team with extremely intensive local market experiences and an unbeatable team spirit starting from our very first property in year 2007. Real teamwork is the key to win.

**Xe:** General Managers don't often get to leave the hotel but in the rare moment that you get away what would you say is the one thing that sets Xi'an apart from all the other cities you've lived in?

**SY:** Of course the immerse cultures and the people. Xi'an is the most historical city I have ever lived and worked. Its profound cultural foundation is second to none in China. I am also enjoying working with the Xi'an locals, for their simplicity and great integrity.

**Xe:** If you could be any other place besides Xi'an where would it be and why?

**SY:** It would definitely be my hometown – Shanghai,

where my families and friends lives in.

**Xe:** Do you get to travel much? Where is the one place you have always wanted to go but haven't gotten to yet?

**SY:** Yes. I travel a lot, mostly business-oriented. Tibet and Tokyo are on my top list, with their great scenery.

**Xe:** Any job in hospitality is at least 50% passion, maybe even more for a GM, besides the hotel what are you passionate about?

**SY:** I would say the enthusiasm makes the 100% of my job as a residence manager. The fun and exciting part about my job is that I am dealing with people all the time, and if I have to choose an alternative, it will be still 'people' job.

**Xe:** Looking long term, where do you see the Xi'an travel and tourism industry in the next five years? What are you and your company doing right now to prepare for it?

**SY:** Xi'an enjoys more than 2,000 year's civilization and serves as one of the world's best travel destinations. Meanwhile, as the transportation hub and core city of Central-West China, Xi'an attracts increasing national and international investment. Hence, we have great faith on Xi'an hospitality industry development especially over the long-staying business clients in next five years.

To catch up with fast-growing market, I am also very proud of our Ascott's quick response – the expansion. We just opened our 3rd Citadines on Xingqing Road later this year to tackle the R&D staffs' and tourists' demands. Another serviced residence is right now under construc-

tion at the High-Tech Zone which is scheduled to be opened by end of 2013. It will be the first ever Somerset branded serviced residence and Ascott's 4th property in Xi'an and will accommodate customers with more high-end staying requirements.

**I know they keep you pretty busy but in your travels around our fair city let's test your xianease-ness;**

**a). What is your favorite Chinese food and where do you get it from?**

**SY:** Sliced cold chicken, from the Shanghai RenJia on Zhuque Avenue. Or if I got time, I prefer to cook at our residence with our fully equipped kitchen for my colleagues with a traditional Shanghai meal.

**b). Where is your favorite place to go for a drink?**

**SY:** Fantasy bar, sometimes King Garden Bar (老城根酒吧)

**c). Favorite places to get western food (non-pizza)?**

**SY:** La Seine French Restaurant, with only short 5-minute walking distance from our Citadines Central Xi'an.

**d). Where do you like to get a cup of coffee or tea?**

**SY:** Starbucks underneath of the Bell Tower always comes easy and comfort, as it is always a nice coffee run from my property at afternoon.

**Xe:** Finally the question that matters more to us than all the others combined ; What do you have in your pockets right now?

**SY:** Buddha pearl (佛珠) which I got from Mt. Pu Tuo, as it always reminds me to obtain peace of mind.

# Stu's Corner

Stuart Allen provides those all-important tips for day-to-day life in Xi'an. He can be contacted at [stuart.allen@xianease.com](mailto:stuart.allen@xianease.com).

**1** It's hassle changing my money to get coins for the underground, what can I do?

When I went to Shanghai, I noticed that coins were used a lot in the city, but here less so. This means that when I go on the underground, I always have to go to that booth to change two kwai for coins, which is annoying. I've been watching people use some other card and it seems to me that having one of those in my own wallet would be a pretty cool thing to have. Here's how...

Go to the Bank of Xi'an and ask for a transport card. They cost 18 yuan for the card, which you can get back when you no longer need the card. After you pay your 18 yuan, you can top it up whenever you need at the bank. You don't get a discount on the underground, it's still two twai, but it does save the hassle of changing coins and buying a ticket from the machine. However, you do get a discount on buses which have an electronic money thanga-majigy; it's 0.5 yuan, as supposed to 1RMB. Happy days!

**2** Spring festival is coming and I'm worried about not being about to get train tickets.

Yes, the annual firecracker-athon is coming and everyone will be scrambling to get train tickets. My old way of dodging the queue was to go the late night ticket place south of Xiao zhai on the other side of the traffic lights (the ones in line with the pagoda) and not queue at all. However, I hear that there is a number to call so that you can reserve your tickets and then pick them up the next day at the train station or any ticket window in the city. You'll be sent a text message with a code to your mobile, then simply give that message to the ticket seller and they'll dispense you your reserved ticket. The number to call is: 96688688.

Alternatively, you can go online, get train info and book tickets here in Xi'an by visiting: [www.xt-kp.com](http://www.xt-kp.com) - I doubt it's in English, so you may need the help of a friend, the same goes with the phone number. Apparently now, you can also get return tickets, so you can get the return trip sorted in one go. About time too, I remember a time I had to go to Beijing with my little boy and we couldn't get a ticket back and so had to fly! Looks like those days are in the past!



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# A Wealth of Good Reads: The Shaanxi Provincial Library



Article by Xi'an Book Club

Located at the bustling intersection of Chang'an Bei Lu and Nan Er Huan Lu, the Shaanxi Provincial Library is the biggest library in Xi'an. It boasts five floors of books, periodicals, assorted medias, and even an Ancient Books Preservation and Conservation center on the fourth floor. Opened in 2001, the library is still relatively new compared to other similar institutions in Xi'an. According to the library's official website, it has the capacity to hold 4 million books and offer up to 2000 reading seats for its visitors. (Source: <http://www.sxlib.org.cn/stgk/index.htm>).



In contrast to the chaos outside that is the traffic of the Chang'an - Nan Er Huan interchange, the hush whispers and rustling of pages inside the library is tranquil and soothing. Despite every floor being occupied by what seemingly are all the university students in the vicinity, there is still plenty of seating available. Indeed, if you're looking for a place to get some reading or work done, this would be the perfect place to spend a few hours of your day. That or find a picturesque spot under a tree besides a lake and freeze your butt off in the unforgiving winter air of Xi'an.

The foreign language section is located on the third floor of the library and car-



ries a wide selection of non-Chinese books, including German, Japanese, and of course, English. And even though the amount of English books present is measly compared to a typical library back home, it should be substantial enough to satisfy most English readers on this side of the globe. We counted 20 rows of shelves for the English books alone.

Besides popular fiction such as the latest Grisham or King, the library also carries literary classics from Shakespeare to Dickens to Twain. There is also an impressive number of non-fiction books. Everything from art to social science to education to travel can be found among the shelves. For you travel freaks, it might be of interest to know that they have an extensive collection of Lonely Planet books as well. Happy days rejoice!

There is also a decent number of English magazines and periodicals, mostly of the news and fashion variety. Don't expect the latest edition of Entertainment Weekly, however. The latest issue is at least 3 months old.



It is free to use the library, you do not need a membership or be registered to enter. But if you want to check out books to take home with you, you will need to obtain a library card. This is also free, but there is a 400 yuan deposit during the registration process. You can of course cancel your membership to get the deposit back at any time. Yes, even foreigners are allowed to register, just bring along your passport and a working Chinese phone number. The registration form is completely in Chinese, however. Unless you're fluent, it may be helpful to bring along a friend who can read Chinese if you plan to obtain a card.

Once registered, you can check out

books for free. But each person is limited to only two foreign language books or four books total to be checked out at any given time. The penalties for overdue books are 1 mao (0.1 yuan) per day for Chinese books and 2 mao per day for magazines. You can have books out for 21 days and magazines for 15 days before renewing. That should be plenty of time to plow through your copy of Twilight before leaving it on the coffee table and incurring those overdue fees.



For English speakers living in China, you may be hard-pressed to find decent reading material. But the venues are there. Some hostels carry small collections donated by travelers passing by. Other collections can be found in coffee shops that cater to expats, such as the Bridges cafe in Gaoxin and all the Sculpting In Time cafes scattered in the area. But the Shaanxi Provincial Library blows them all out of the water by the sheer volume of reading material available. It is good to know that there is such an outlet to satisfy our literary needs. It makes living in the hustle and bustle of the walled city a little more bearable, in this foreign land with an unfamiliar language that has become our home away from home.



Article by the Xian Book Club:  
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**P**rice Haggling. Some people love it, some people hate it, but if you live in Xi'an, odds are you occasionally have to drive a bargain when you shop. I have a three-year-old, which makes me a haggling expert.

"Time to get out of the bath," I say.

"I'm not ready yet, Dad."

"Ok, how about three more minutes?"

"Umm ... How about ten?"

"Maybe four?"

"How about ten?"

"Ok, five minutes and then you're getting out."

"I think ten, Dad."

"Ok. Ten."

I'll admit it: I'm terrible at haggling (My three-year-old on the other hand, is a bargaining powerhouse). I just want to walk into a shop and pay a reasonably marked price for their goods and services. It's how I'm wired. Some people treat price haggling like a dance or a courtship; to me it feels more like armed robbery. I touch one article of clothing, one silly T-shirt, and before I've stepped over the threshold the calculator is out and the shop owner - who guessed my nationality on the first try - is promising me a fair price, better than anyone else around because I'm his first customer of the day and I clearly have a kind face and oh my friend you must be joking what do you say to this price? Somewhere between reading the calculator and reaching for my money, we've become best friends. Then my money is suddenly gone and I'm holding a T-shirt from which the color will drain completely upon the first laundry cycle.

To begin with, I don't know what a fair price is, and they know I don't know. I've lived here for a while, but I still have trouble doing monetary conversions in my head, so I'm never quite sure what I'm

paying anyway. I'm like a poor, defenseless rabbit, hopelessly running from shotguns during open season.

I don't want shopping to be a contest, and it's not just because I don't like losing. Sometimes even when we win we're left feeling miserable. My friend Josh, for example, didn't really want the item over which he was haggling, so he offered what he thought was a ridiculously low price. The shop owner refused, of course, but when Josh walked away, the shop owner called out, "Fine!" Having won the contest, Josh now had no choice but to purchase the item he didn't really want, and he had to suffer through the shop owner's angry eyes and sore-loser commentary. "You're from the West. It's not like you don't have the money. You have to come down here to my shop and rip me off?"

It can be tempting to label the things we don't like here as part of "the Chinese way", but that's not really fair. Plenty of my Chinese friends are incredibly adept bargainers, but some get just as stressed about it as I do. And cost negotiation is certainly not unique to China. Prices are fluid in cultures all over the world.

In the West we have garage sales, flea markets, and the pinnacle of all haggling havens: the used-car dealership. When I bought my first car I had to square off with a slick, mustached merchant who likely graduated from BS University with a double major in acting and mathematics. A little work on his language skills and he'd be ready for Hui Ming Jie. I was beaten before the contest could even begin.

And of course, the first question I was asked at school the next day went something like, "Did you pay sticker price? Ooh, I would've brought them down."

Before we moved to China we sold a lot of our things at a neighborhood garage sale and we got utterly worked over by the professional garage sale shoppers. Bargaining, it seems, is a drive unlimited by culture. It's just a drive I don't possess.

When it comes down to it I really just don't want to be taken advantage of. In a country where I stand out, where I usually don't know what people are saying about me behind my back, where I'm forced to work within a system I don't really understand, it's very easy to feel exploited. When I feel this way - which is pretty often - I try to remind myself that the only reason I am taken advantage of is because I have advantage in the first place. Moving to China has been a blessing to me and my family, and it's a privilege many don't get to enjoy.

I think I can put up with a little haggling.

At present, my shopping strategy is to bring a Chinese friend. It helps if they're good at haggling, but even if they're not, just having a native speaker around makes the shop owners a little less likely to destroy me. In about three more years I foresee a shift in my shopping tactics, involving the inclusion of my daughter, and her raw, untapped negotiation skills. She will be unstoppable, and in a short time I will have recouped my losses.



Christian and his family have recently arrived to Xi'an from West Palm Beach, Florida. Christian teaches English at Shaanxi University of Science and Technology. Feel free to contact Christian at [pilgrim.mcclain@gmail.com](mailto:pilgrim.mcclain@gmail.com).

# Nutrition News (Supplement) al Information

Article by Charlene Ho

Happy New Year! After the gluttony of the holiday season, the number one resolution for the new year is to diet and get healthy-the usual approach-join a gym, eat more fruits and vegetables. Yet, the reality here in Xi'an is too many rou-jia-mo and street food fried noodles. So, why not just take a multivitamin pill and not worry about healthy eating?

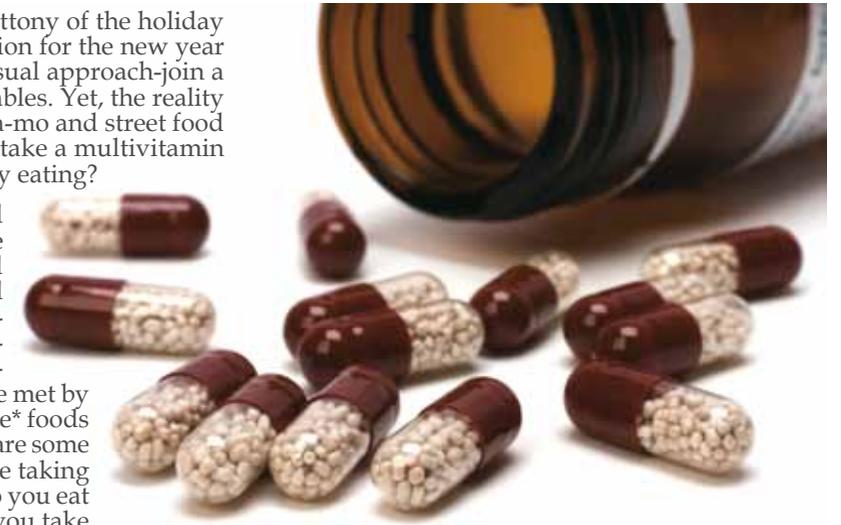
A multivitamin contains several vitamins and minerals that are known to be essential for good health. Though in nutritional sciences, a multivitamin is considered as a supplement, an addition to a complete diet. Therefore, nutritional needs should be met by eating a variety of nutrient dense\* foods as part of a balanced diet. There are some considerations to think of before taking a multivitamin. For example, do you eat less than two meals a day? Do you take three or more prescription medication? Are you over the age of fifty-five? In some cases, vitamin/mineral supplements or fortified foods (cereals, juices) may be useful for providing nutrients that are eaten in less than recommended amounts, but if consuming a balanced nutritious diet containing the recommended amount of a nutrient, you may not get any more health benefit from taking a supplement. Taking supplements and eating fortified foods may cause excess of specific nutrient(s) that may be above a safe level for health.

However, can you get all the necessary vitamins/minerals from only foods that you eat? There is not enough evidence to either recommend for or against the use of multivitamin/mineral supplements for the prevention of chronic diseases based on current research. The recommendation is try to get all the vitamins/minerals you need by eating nutrient-dense forms of foods, while balancing calorie intake with activity.

Of course there are a few exceptions, such as women who are pregnant and/or expecting to become pregnant, the elderly or people with a compromised immune system that may need additional amounts of nutrients above the average person to maintain health. Eating a multivitamin does not in any way be considered as the only source, or a substitute, for eating the vitamins and minerals in its natural form in foods.

\* Nutrient-dense foods contain essential vitamins and minerals, and also fiber and other naturally occurring substances that may have positive health effects.

Charlene is a clinical nutritionist working as an assistant professor at Northwest University. Any further questions and/or comments can be directed to: [cch12@hotmail.com](mailto:cch12@hotmail.com)



## REFERENCES:

United States Department of Health and Human Services. National Institutes of Health, Office of Dietary Supplements.

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# Fruit Beer

## It's not just for girls!!!

**INTERESTING FACT:**

*It takes between 1 and 2 years to brew a Lambic beer!*

I know what you are all thinking, that fruit beer, it's really just for girls... Well, the truth is some ladies do enjoy a fruit beer more than any other type of beer. Many a romantic date night over a few drinks commences with the lady sipping a delicate (but still alcoholic!) Lindemans in its special glass, while the lad enjoys a good pint of lager...

Having said that, it is not rare at all for a male traveller from Belgium to stop in and order a Kriek (cherry beer) and I have several Chinese friends for whom the Liefmans Kriek Grand Cuvee is the go to drink at The Belgian Bar.

Continuing the beer classification theme that was first touched upon in my previous article on lagers and ales, we can broadly throw fruit beers into two general categories: Lambic fruit beers and normal fruit beers.

First of all to clear up a common misconception, not all Lambic beers are fruit beers. A Lambic beer is a beer that has been produced by the spontaneous fermentation of 30% wheat and 70% malt seasoned with hops. The exact method of making a Lambic beer is truly ancient. Manuscripts from 1559 describe Lambic as a beer made "according to an old recipe". So if the recipe was already described as being old in 1559, then we are truly dealing here with an old brew.

**According to Lindemans brewery:**

Lambic beer can only be brewed between October and April and only in the southwest of Brussels, because of the presence of specific wild yeasts like "Brettanomyces Bruxellensis" and "Brettanomyces Lambicus". The resulting Lambic



beer can be drunk direct from the barrel, but usually it is used as base for the other beers namely Geuze, Faro, Kriek, Framboise, Pecheresse and Cassis.

There are also fruit beers that are not Lambic beers. These other fruit beers are made either through blending a beer with fruit juices or by allowing the beer to become infused with the juices from macerated fruit.

**Production and Tasting notes:**

*Liefmans Fruitesse* – Fresh beer is matured for 18 months on cherries, then blended with natural juices of cherry, bilberry, elderberry, strawberry and raspberry. Makes for a fruity and pleasant refreshment!

*Liefmans Kriek Grand Cuvee* – This Kriek is made with a completely different method to the Lambic Kriek. Old brown beer is macerated with fresh whole cherries then left to mature for a further year. It is then blended with a further two beers of different ages. The result is a very well balanced sour and sweet cherry beer of some complexity.

*Lindemans Kriek* – Lambic beer that has been blended with the juices from fresh cherries. Pink red colour and a strong cherry champagne taste.

*Lindemans Pechesse* – Lambic beer that has been blended with fresh peach juice. A golden colour and delicate natural peach taste.

*Lindemans Framboise* – Lambic beer that has been blended with fresh raspberry juice. An increasingly expensive beer to produce leading many breweries to cease production – get it while you can! Think raspberry champagne...

*Lindemans Cassis* – Lambic beer that has been blended with black currants. A Belgian classic that appeals strongly to the European palate.

*Lindemans Gueuze* – A blend of various aged Lambic beers, not flavoured with anything. A fascinating beer that has been called "Brussels champagne" and has a cidery, wine like palate. A favourite of gourmands and beer aficionados.

*Lindemans Faro* – A blend of Lambic beers that has had rock sugar added to it. Surprisingly, not as sweet as one might imagine but very interesting to drink.

Article by: Bart "The Belgian" Janowski, he can be found most days in The Belgian Bar or contacted by email at [bartx@sent.com](mailto:bartx@sent.com)



# BELGIAN BAR FIRST ANNIVERSARY



Already one year has passed since the Belgian Bar entered the pantheon of bars in Xi'an and quickly rose to one of the top spots for night life and events. The night was yet another event that showed the variety and number of customers that are drawn to the bar with its specialty of high quality Belgian Beer and a great atmosphere.



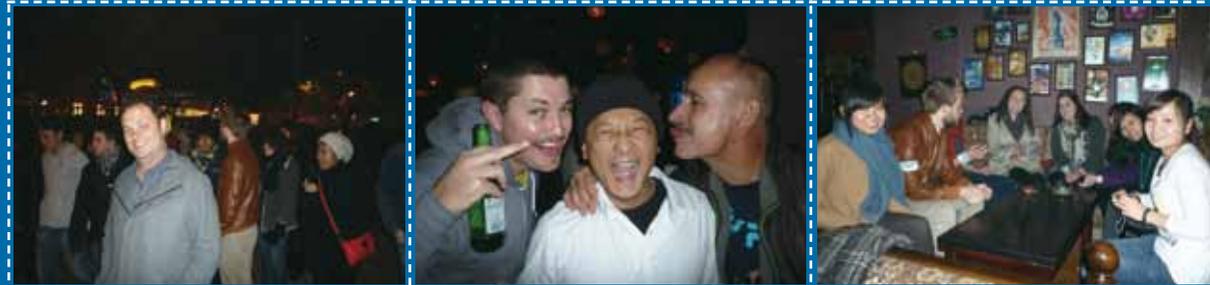
Community

BELGIAN BAR AND XIANEASE  
**PUB QUIZ**

This month neither the cold nor rain could stop them and the teams arrived ready for a beverage and some trivia...a good time was had by all. The defending champs once again pulled out answers from hammer space and defended their title for yet another month...think you have what it takes to knock them out? Come on over to the next one at the Belgian Bar and find out! [www.xianease.com](http://www.xianease.com)



**Pub Crawl - Qujiang**  
 Following the success of the first one the Aussie boys decided to put on a second chapter of this booze fest, this time around the Big Goose Pagoda. Beer was drunk, Shots were downed, and pubs got crawled...all in all a great evening discovering some new hang-outs and making new friends. They do these crawl every other month, find out more at [www.xianease.com](http://www.xianease.com)



# THE GREAT PUB CRAWL OF XI'AN



# HASH HOUSE HARRIERS BIG BALLOON RUN

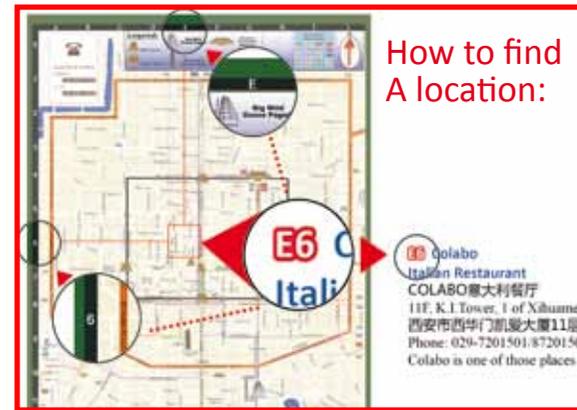
The grey sky and dropping temperatures didn't deter the hashers, they headed to Qujiang for a bit of running, some obstacle courses, and of course the obligatory beer and dinner after. Brave the weather and come on out to the next one later this month and get involved in your local hash chapter.



# EATING COLD IN THE COLD YAO YAO ICE CREAM EATING CONTEST



With cooperating weather in the low digits a few xianeasers popped around the Yao Yao for an eating contest that not only filled their stomachs but numbed their faces and hands...the winner walked away with some good gifts and everyone left on a sugar high. Want to come to the next event? Check out the calendar in the magazine or online at [xianease.com](http://xianease.com)



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With the success of Park Qin as one of the pre-eminent hang outs in town it was only a matter of time before they tried something new, and Green Molly is the result.

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南门顺城南路中段69号(南门里东侧150米处)  
Phone: 029-8725 6656  
13201672369  
A popular and friendly pub with Xian's largest Belgian beer selection including two Belgian draft beers. Happy Hour 5PM to 8PM daily. Food served lunch and dinner.

**E8 Park Qin**  
秦文化主题酒吧  
2 Shun Cheng Xi Xiang near the South Gate  
顺城西巷2号靠近南门  
Phone: 029-8728 7720  
Located just inside the South Gate, this is a popular bar for both westerners and chinese. They serve Heineken on draft.

**E3 Music Man**  
蛋壳屋酒吧  
Outside the South Gate, Yat-ongmeng amusement park 南门西侧, 亚童梦游乐园里  
Phone: 13571887543  
Located just outside the south gate, this bar is well know for it's live music and great atmosphere. Also, has outdoor seating available.

**A10 Wunder Bar**  
维德吧  
78, Keji Er Lu 科技二路78号城市风景夏日景色商业街1-20102  
Phone: 029-8832 7777

**E7 Xi'an Bell Tower Youth Hostel**  
钟楼青年旅舍  
3F, City Spring Hotel on Beida Jie 都市春天酒店三层 北大街邮局北侧  
Phone: 029-8723 3005  
A hostel bar, conveniently located next to the bell tower.

**E8 Hu Tong Bar**  
胡同酒吧  
West section of Huancheng Nan Lu 环城南路西段(长安城堡大酒店对面)  
Phone: 029-8832 7777

**E5 King Garden Bar**  
老城根庭院酒吧

**E7 3 Carats**  
3克拉咖啡爵士酒吧  
2F, Duo Min Jin Times Square, Fen Xiang, South Street 南大街粉巷26号2楼  
Phone: 029-8509 0001

**F10 Vice Versa Bar**  
Xianning xue xiang, Shaanxi Provincial Museum 碑林博物馆正门 咸宁学巷

**Black Label Leisure Bar**  
黑方休闲酒吧  
39, Feng Hao West Road 洋镐西路39号  
Phone: 029-8501 0003

**G9 Bao Street Bar**  
钵尔街规模酒吧  
45, Yanta Bei Lu 碑林区雁塔北路45号  
Phone 029-8224 9979

**E7 Jazz bar**  
杰仕吧  
Intersection of fen xiang and da che jia xiang, south street. 粉巷和大车家巷交汇处东南角  
Phone: 13991974369

**E10 De Fu Lou Cafe & Bar**  
德福楼酒吧  
39 De Fu Xiang Street (Bar Street) 德福巷39号  
Phone: 029-8728 3630  
One of the first bars ever to open in Xian and a favourite hangout for locals. Live football on the big screen and live music every night. Paulaner and Vedett Blond on tap.

**I8 Sports Bar**  
5频道体育酒吧  
2F1, Jiao Da Venture Park, 28 Xing Qing South Road 碑林区兴庆南路28号交大创业园2楼  
Phone: 029-8266 6728

**E8 Xiangzimen Youth Hostel**  
湘子门国际青年旅舍  
16, Xiangzimidiao Jie, South Gate 西安南门里湘子庙街16号  
Phone: 029-6286 7999  
029-6286 7888

**E8 Da Ge Xing**  
大歌星量贩KTV  
108, west of Huan Cheng South Road 雁塔路北段8号万达商业广场  
108, west of Huan Cheng South Road 解放路63号万达广场

**E8 Party World**  
钱柜  
52, North Street 西安西华门1号凯爱大厦1-3层  
Phone: 029-6267 8888

**F10 Real Love**  
真爱娱乐广场

The pulsating sound of live Latin music and creative cocktails thrill patrons in this superbly upbeat cigar and wine bar. Features 10 karaoke rooms with a big selection of international and 中文 hits.

**E7 Fantasy**  
范特西  
5th & 6th floor, 46 South Street 西安市南大街46号5-6层  
New disco club located on South Street.

**E7 Salsa Club**  
莎莎俱乐部  
7th floor of Parkson, Xida Jie 西大街百盛7楼  
Phone: 029-8728 6666  
15929550010  
One of the most crowded clubs in Xi'an. Located 5 minutes walk from the bell tower.

**E7 Club 1+1**  
后官  
Attached No. 1 of No. 129, South Avenue, Xi'an. 西南南大街51号付1号

**E7 Song & Song Bar**  
乐巢会  
109, Xi Mu Tou Shi, South Avenue 西安市南大街西木头市109号  
Phone: 029-8728 8988



**E8 Summer Green KTV**  
夏绿地KTV视听歌城  
108, west of Huan Cheng South Road 碑林区环城南路西段108号  
3F-4F, 49 Yanta Lu 雁塔区雁塔路北段49号3-4楼  
Phone: 029-8221 0022



**F6 Habana Club in Sofitel**  
哈瓦那  
319, Dong Xin Street 陕西省西安市东大街319号  
Phone: 13571887543

1 Chang'an North Road, opposite the Shaanxi library  
长安北路1号  
Phone: 029-8525 1234

**I8 Haoledi**

好乐迪KTV量贩广场  
2 Jiandong Jie, Yanta Road  
雁塔路建东街2号  
Phone: 029-8206 8000



**G3 Shaanxi Grand**

**Opera House**  
陕西歌舞大剧院  
165 Wenyi Bei Lu  
文艺北路165号  
Phone: 029-8785 3295  
Provides the professional Tang Dynasty Dance and Music Show together with dinner.

**F9 Tang Dynasty Show**

**Palace**  
唐乐宫  
Chang'an Lu, nearby the Coca-cola stadium  
长安路, 临近省体育场  
Phone: 029-8526 1633  
The show is performed by the "Tang Dynasty Song & Dance Troupe", a branch of the "Shaanxi Provincial Song & Dance Troupe".

**I7 Changan Banquet**

长安夜宴  
Changle Theatre, No 17 Jinhua South Road  
金花南路17号长乐剧院(咸宁桥以北300米处)  
Phone: 029-8322 1111  
Changan Banquet is the latest dinner & performance show now open in Xi'an



**Bell Tower Branch**  
1 Xida Jie, next to the Ginwa shopping center  
钟鼓楼广场西大街1号  
Hours 07:30 -- 23:30

**Kai Yuan Branch**  
Ground Floor, Kai Yuan shopping mall  
开元商城B1楼  
Hours 7:30 -- 23:30

**Luo Ma Shi Location**  
1st Floor, Xing Zheng Yuan shopping mall  
兴正元商场1楼  
Hours 7:30 -- 23:30

**Gaoxin Location**  
1st Floor, Century Ginwa Center. No. 33 Keji Road  
高新区科技路33号世纪金花购物中心1楼  
Hours 7:30 -- 23:30

**Gaoxin Location 2**  
1st Floor, Jinqiao International Plaza. No. 50 Keji Road  
科技路50号金桥国际广场1层  
Hours 7:30 -- 23:30

**101B Room, 1st Floor,**  
Min Le Yuan Inner Pedestrian  
民乐园万达广场室内步行街101B号  
Hours 7:30 -- 23:30

**Sculpting in Time (Jiao Da branch)**  
雕刻时光

**No.28 Xianning West Road**  
雁塔区咸宁西路28号交大一村四舍(交大商场往西500米)  
Spacious and comfortable cafe

**41 ShiDa Lu, YanTa District**  
西安市雁塔区师大路41号2楼  
Hours 08:30 -- 23:30

**2F, Golden Bridge Plaza, Keji Lu**  
高新区科技路金桥国际广场BC座2层  
Hours 08:30 -- 23:30

**Café Ren by Sofitel**  
咖啡人  
319 Dongxin Street  
西安索菲特人民大厦东楼

**一、二层**  
Phone: 029-8792 8888  
A place brimming with the rich aroma of coffee, a wide variety of Chinese tea, delectable cakes and chocolates plus a selections of good wine and champagne.  
Hours 9:00 -- 23:00

**Village Café**  
乡村咖啡馆  
32 Shida Lu, Nearby the Shanxi Normal University  
雁塔区师大路32号  
Phone: 029-8522 2150  
Located in the south by Wai Yuan and Shi Da.

**NONO Cafe**  
NONO咖啡  
113 South Avenue  
西安市南大街东木头市113号  
Phone: 029-8726 5599  
Hours 10:00 -- 00:30

**King Coffee**  
K 咖啡

**1st Floor of Fang Hui Mansion, No. 383 East Street**  
东大街383号方汇大厦B1楼

**52, Nan Da Jie**  
西安市南大街52号

**25, Yan Ta West Road**  
西安市大唐通易坊25号  
Hours 9:00 -- 22:30

**A10 Bridges**  
桥缘咖啡

Xi Gao Xin (Hi-Tech Zone), 500 m. south of Keji Lu McDonald's on Zhang Ba Bei Lu, Li Jun Ming Tian Development  
丈八北路和科技一路交叉口向北100 米利君明天小区商铺

Phone: 029-8450 2441  
Hours: Monday -Saturday: 11:00-22:30  
Authentic western food, specialty coffees and drinks, seasonal specials, relaxed family friendly smoke-free atmosphere, English corners and other cultural activities, games and English books, free wireless.

**Dali Cafe**  
西安达利咖啡馆  
Insde Xi'an Art Museum, Qu Jiang  
曲江新区西安美术馆内  
Phone: 029-8542 1969  
Hours 9:00 -- 23:30

**A9 Cafe Alantis**  
爱蘭咖啡生活馆  
Xi'an Gaoxin Ke Ji Lu Fen Ye Xin Du Shi Bei Men Xi Ce  
西安高新科技路枫叶新都市北门西侧  
Phone:029-8819 3139  
18681813273  
email:cafealantis@163.com

**Back nook cafe**  
后角咖啡  
100m inside Dong Shun Cheng lane, South Gate, Xi'an  
西安市南门外里东顺城巷内100米  
Phone:029-8725 3257  
www.backnookbar.com  
Hours 11:00 -- 01:00



**E6 Colabo**  
Italian Restaurant  
COLABO意大利餐厅  
11F, K.I.Tower, 1 of Xihuamen  
西安市西华门凯爱大厦11层  
Phone: 029-7201501/87201502  
Colabo is one of those places that once you set foot in you realize that you are in for a good meal.  
Hours 11:30 -15:00(L.O.14:00) 17:30 -22:00(L.O.21:15)

**Burger King**  
汉堡王  
地铁二号线北大街站C出口  
B1层  
Phone:8738 8321  
Hours 8:00am-10:00pm

**Subway**  
赛百味

**西大街店**  
125 the West Street  
西大街 125号, 百盛购物中心西侧  
Hours 7:00 -- 22:30

**大雁塔店**  
Great Tang's All Day Mall, South Square of Big Wild Goose Pagoda.  
大唐不夜城新乐汇内, 中国银行旁  
Hours 8:00 -- 22:30

**高新店**  
#17,Gaoxin 1st.Road  
高新一路17号  
Phone: 029-8826 9812

**Small World Café**  
小世界咖啡

**Heping Gate Location**

90 Huancheng Nanlu Dongduan  
环城南路东段90号  
Phone: 029-8122 6785  
Hours 10:30 -- 22:30

**Big Goose Pagoda Location**  
Huanta Nanlu, Da Yan Ta 大雁塔环塔南路6号  
Phone: 029-8557 3949  
Friendly dutch owned cafe serving both western and chinese food. Check out their Terracotta Warrior breakfasts.

**Italian**  
伊塔莉安意大利餐厅  
Bank of Yongyang park(southeast corner of the intersection of Tangyan road and zhangba road)  
永阳公园湖畔(唐延路和丈八路交叉口东南角)  
Phone: Phone:029-8858 9773  
Website: www.pasta-xa.com

**3 Royal 3 Houses**  
3皇3家

**South Nan Guan Jie Branch**  
1st Floor, Wei Ye Building, 69 Nan Guan Road  
碑林区南广济街69号伟业大厦1楼  
Hours 09:00 -- 23:30

**Northern Square Branch**  
Building C of Big Wild Goose Pagoda  
大雁塔北广场C座

Hours 09:00 -- 23:30

**High Tech Zone Branch**  
Next to KFC, Gaoxin  
高新区高新路25号希格玛大厦一层

**Azur by Sofitel**  
雅奢餐厅  
East Wing Lobby, Sofitel on Renmin Square  
新城区东新街319号雅高人民大厦索菲特酒店东楼1  
Phone:029-8792 8888  
Hours 06:00 -- 10:30

**Paulaner Bräuhaus**  
Experience the Paulaner Bräuhaus Xi'an, the only microbrewery in town that serves fresh home-brewed Paulaner beer and authentic Bavarian cuisine in a warm and friendly environment which is bursting with excitement!  
Add:Level 1, Kempinski Hotel Xi'an ,No. 6 West Section, Euro-Asia Avenue, Chanba Ecological District  
Phone: 029-8355 0000/8333  
Hours 11:30 -- 14:30 17:30 -- 00:00

**Bierhaus**  
德瑞坊  
No.6, Tong Yi Fang, Yan Ta West Road, Xi'an  
西安雁塔区雁塔西路大唐通易坊6号  
Phone: 029-8543 0602

**Deutsches Bierhaus**  
德国柏龙啤酒坊  
The first authentic German restaurant in Xi'an.  
Deutsches Bierhaus of Hexie Square, Qujiang International Conference & Exhibition Center  
西安曲江国际会展中心和谐广场E7  
Phone: 029-8765 5016  
Hours 10:00 -- 23:00

**Gate West Restaurant & Bar**  
喜来登食街  
262, Feng Hao East Road  
莲湖区沣镐东路262号  
Phone: 029-8426 1888  
Hours 11:00 -- 23:00

**Dolce Café**  
多奇西餐厅  
1F, Li Hua Ke Ji Mansion  
2 GaoXin Road, High-Tech Zone.  
西高新高新路2号丽华科技大厦1楼(高新真爱斜对面)  
Phone: 029-8822 7588  
Dolce is a franchise with an Italian bistro, combining affordable, accessible and delicious menus to all.  
Hours 09:30 -- 22:30



**E6 Colabo**  
Italian Restaurant  
COLABO意大利餐厅  
11F, K.I.Tower, 1 of Xihuamen  
西安市西华门凯爱大厦11层  
Phone: 029-7201501/87201502  
Colabo is one of those places that once you set foot in you realize that you are in for a good meal.  
Hours 11:30 -15:00(L.O.14:00) 17:30 -22:00(L.O.21:15)

**Papa John's**  
棒约翰  
**1st&2nd Floor,Happy Mall,Dayan Pagoda Plaza.**  
曲江新区大雁塔南广场东南侧新乐汇A5区1,2层  
Phone:029-8535 8732  
Hours:10:30-22:30  
**Wanda Plaza,Min Le Yuan,**  
Jie Fang Road.  
解放路民乐园万达广场  
Phone:029-8740 2921  
Hours:10:00-22:00

**Bacchus Pizza**  
巴克斯比萨  
25 Gao Xin Road  
高新路25号



Phone: 029-8821 8111  
The restaurant offers 19 kinds of pizzas. Besides pizza, there is some Italian food, like spaghetti with black pepper dressing.  
Hours 09:30 -- 23:00

**Pizza Hut**  
必胜客

1F, Haida Tiandi Building, 8 Nanda Jie  
南大街8号 海大天地商厦1楼  
Phone: 029-87687399/87687388  
Hours 10:30 -- 22:30  
1F,Gao Xin Shopping Mall,33 Keji Lu  
科技路33号高新购物中心1楼  
Phone: 029-6296 1181  
Hours 10:30 -- 22:30

**High Fly Pizza**  
高飞比萨

**73 Huancheng Nan Lu**  
朱雀门外环城南路73号  
Phone: 029-8841 0626  
Hours 10:30 -- 22:30  
**2 Yanta Lu**  
雁塔路2号大雁塔北广场  
Phone: 029-8785 5333  
Hours 10:30 -- 22:30

**Pizza Company**  
品奇披萨

**2F, 6 Jin Hua Nan Lu, Li Feng Square**  
金花南路6号立丰广场2楼  
Phone: 029-8263 0070  
Hours 10:30 -- 22:30  
**5F, Min le Yuan Wanda Square**  
民乐园万达广场5楼  
Phone: 029-8740 2939  
Hours 10:30 -- 22:00

**Isola Veneziana Pizza**  
意甲沙龙  
14 Chang'an NorthRoad, Shaanxi Provincial Stadium (East Stadium Bleachers)  
长安北路14号省体育场东看台下D区1号  
Phone: 029-85423331

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For more information:  
[www.srvchina.com](http://www.srvchina.com)  
tel: 02988193164  
info@silkroadventures.org

**Indian**

**F11 Delhi Darbar**  
新德里餐厅  
3 Da Tang tong Yi Fang, Yanta Xi Lu  
雁塔西路大唐通易坊东头3号  
Phone: 029-85255157  
Very popular restaurant serving authentic Indian dishes. Great food, a nice atmosphere and reasonable prices make this a favourite.  
Hours 10:30 -- 23:00

**G11 Cacaja**  
印度菜  
46 Yanta Xi Lu  
雁塔西路46号  
Phone: 029-85252536

**Japanese**

**E8 Ogasawara**  
小笠原日本料理  
9 Zhu Que Men Li, 1F Xi'an Evening News Building  
西安晚报大厦, 朱雀门里9号  
Phone: 029-87618383 ext 5800  
The restaurant offers a buffet from 11:00 -2:00 pm. 50 RMB for one person, including soft drinks and beer.  
Hours 11:00 -- 22:00

**Qing Du Li**  
青都里多国料理

**J9** 5F Yuehao Haihuang Hotel, 1 South of Donger Huan  
东二环南段1号粤好海皇酒店5楼  
Phone: 029-82216999  
Hours 11:00 -- 14:00  
17:00 -- 21:30

**B9** 1F Xie Tong Buliding, 12 Gaoxin Er Lu  
高新二路12号协同大厦1楼  
Phone: 029-83150666  
Hours 11:00 -- 14:00  
17:00 -- 21:30

**D10 Shangye**  
上野日本料理  
1 Hanguang Bei Lu, north building, 2F  
含光北路1号北座2F  
Phone: 029-85266622  
Hours 11:30 -- 14:00  
17:30 -- 22:00

**F6 Koi by Sofitel**  
锦鲤餐厅  
319 Dongxin Jie  
东新街319号  
The light yet distinctive flavour of Japanese dishes prepared by Japanese chefs. Featuring

teppanyaki tables, sushi area, private tatami rooms and delicious a la carte selections.

**Domu**  
多木铁板烧日本料理  
**E7** 26 Fen Xiang, South Avenue  
南大街粉巷26号  
Phone: 029-87218689  
Hours 11:00 -- 14:00  
17:00 -- 22:00

**J10** C03, 18 Yanxiang Lu  
雁翔路副18号C03栋  
Phone: 029-87218689  
Hours 11:00 -- 14:00  
17:00 -- 22:00

**Ajisen Ramen**  
味干拉面  
**G9** 1F, Wan Da Shopping Mall, 8 Yanta Lu  
雁塔路8号万达广场1楼  
Phone: 029-85560358  
Hours 10:00 -- 22:00

**E7** 2F, Melody Hotel, 86 Xida Jie  
西大街86号美伦酒店2楼  
Phone: 029-87639368  
Hours 10:00 -- 22:00

**F10 Huili**  
惠里日本料理  
1 Changan Bei Lu  
长安北路1号  
Phone: 029-85261888  
Hours 11:00 -- 21:00

**Korean**

**E9 Sarabol**  
萨拉伯尔韩国料理  
14 Chang'an Bei Lu, East gate of the Shaanxi Stadium  
长安北路14号  
Phone: 029-8559 0088  
This is a nice Korean restaurant; they serve the best Korean food in Xi'an. The barbecue makes you mouth water and the hand-pulled noodles in soup are tasty.  
Hours 11:00 -- 21:30

**E7 Tudari**  
土大力  
2F, INTIME Shopping Mall, 48 Xida Jie  
西大街48号银泰广场2楼  
Phone: 029-8727 1264  
Hours 11:30 -- 24:00

**B9 Hai Yun Tai**  
海云天  
17 Gaoxin Yi Lu  
高新一路17号  
Phone: 029-8832 7878  
Hours 11:30 -- 23:30

**Chinese**

**B9 Bai Xing Chu Fang**  
百姓厨房  
6 Guangde Lu  
光德路6号  
Phone: 029-8831 7280  
Hours 11:30 -- 21:30

**G9 Ren Ren Ju**  
人人居  
127 Youyi Xi Lu  
友谊西路127号  
Phone: 029-8848 5100  
Hours 10:00 -- 22:00

**B9 Xiang Shui Yao**  
湘水肴  
5 Guangde Lu, Gaoxin Er Lu  
高新二路光德路5号  
Phone: 029-8833 8888  
Hours 10:00 -- 21:30

**H7 Anping Spicy Fish**  
大河马干锅年代  
272 Zhu Que Da Jie  
朱雀大街272号  
Phone: 029-8523 0570

**E10 Ding Ding Xiang**  
顶顶香  
527 Zhu Que Street  
朱雀大街527号  
Phone: 029-8522 7799  
Hours 11:30 -- 14:30  
17:30 -- 21:30

**G9 Tibetan Fish**  
藏式秘汁烤鱼  
200 Meters West of #323 Hospital, Jian She West Road  
建设西路323医院向西200米路北  
Phone: 029-8503 0543

**Da Pan Ji**  
新疆大盘鸡餐厅  
161 Han Chen South Road  
汉城南路161号  
Phone: 029-8425 3959  
Hours 11:00 -- 15:00  
17:30 -- 21:30

**B3 Lao Pu Kao Ya**  
北京老铺烤鸭  
1 Laodong Bei Lu  
劳动北路1号

Phone: 029-8864 5888  
Hours 11:00 -- 14:30  
17:00 -- 21:30

**Cantonese**

**Grand Hong Kong**  
大香港鲍翅酒楼

**B9** 3 Gaoxin Road  
高新路3号  
Phone: 029-8122 6785  
Hours 07:00 -- 01:30

**H7** 1 middle of Huancheng Dong Lu  
环城东路中段1号  
Phone: 029-8240 3688  
Hours 07:00 -- 01:00

**Yue Zhen Xuan**  
粤珍轩

**F6** 256 Dongxin Jie, Xin Cheng Square  
东新街256号新城广场  
Phone: 029-8742 2222  
Hours 11:00 -- 14:00  
17:00 -- 04:00

**D8** 1F Hanguang Buliding, 142 Huangcheng Nan Lu  
环城南路142号含光大厦1楼  
Phone: 029-8841 1333  
Hours 11:00 -- 14:00  
17:00 -- 04:00

**Vegetarian**

**G11 Tianlong Vegetarian**  
天龙宝严素餐馆  
1 Yanta West Road  
雁塔西路1号  
Phone: 029-8526 6880  
Hours 10:00 -- 21:00

**G11 Datang Vegetarian**  
大唐素食坊  
5 Yanta 1st Road  
雁塔一路5号207  
Phone: 029-8559 9022  
8559 9096

**Advertising Hotline**  
136-0919-3295  
Email: sales@xianease.com

**Yellow River Soup Kitchen**

In addition to our many other projects we have served in excess of 65,000 meals to the homeless of Xi'an and through our outreach programme's in poor mountain villages have delivered aid to over 15,000 people.

If you wish to volunteer, donate old clothing etc. you can contact us at:  
Tel: 13227726553  
SoupKitchenChina@gmail.com  
www.SoupKitchenChina.cn / www.YellowRiverCharity.com  
QQ 35248368, 29288004, 96750160  
The Catholic Church, No 17 Wu Xing St., (15 mins walk from Bell Tower), 陕西省西安市, 五星街天主教堂17号, 黄河慈善厨房(离钟楼步行15分钟)

**BBQ**

**F9 Xiao Yang Kao Rou**  
小杨烤肉  
256 Jianshe Xi Lu  
建设西路256号  
Phone: 029-8110 1825  
Hours 10:00 -- 14:00  
17:00 -- 04:00

**E6 Hui Min Jie**  
回民街  
Near Drum Tower  
鼓楼旁边

**Hotpot**

**Hai Di Lao**  
海底捞

**G10** 11, South of Yanta Lu  
雁塔路南段11号  
Phone: 029-8553 6971  
Hours 10:30 -- 03:00

**B9** 3F, Gao Ke Buliding, 1 Gaoxin Si Lu  
高新四路1号高科广场3楼  
Phone: 029-8836 1337  
Hours 10:30 -- 03:00

**G7 Jing Fu Hua**  
京福华  
27 Xiguanzheng Jie  
西关正街27号  
Phone: 029-8862 6321  
Hours 11:00 -- 22:00

**H7 Wu Ming Hot-pot**  
吴铭火锅  
88 Jianguo Lu  
建国路88号  
Phone: 029-8742 7379  
Hours 09:30 -- 23:00

**Dessert**

**Baskin Robbins**  
芭斯罗缤  
**B9** 1F Xinhui Buliding, 25 Gaoxin Lu

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高新路25号新汇大厦1楼  
Phone: 029-8825 6863  
Hours 09:30 -- 23:00

**F7** 1 Luo Ma Shi, South of Min Sheng Shopping Mall  
骡马市1号民生百货南侧  
Phone: 029-8765 6554  
Hours 09:30 -- 23:00

**G10** 2 Yanta Lu, Northern Square Branch Building  
雁塔路2号大雁塔北广场西侧  
Phone: 029-8740 3182  
Hours 09:30 -- 23:00

**HaagenDazs**  
哈根达斯

**B10** 1F Ginwa Shopping Mall, 33 Keji Lu  
科技路33号世纪金花购物中心1楼  
Phone: 029-8832 3135  
Hours 10:30 -- 23:00

**E3** 88 Nanguan Zheng Jie  
南关正街88号巴黎春天购物中心1楼  
Phone: 029-8765 1591  
Hours 10:30 -- 23:00

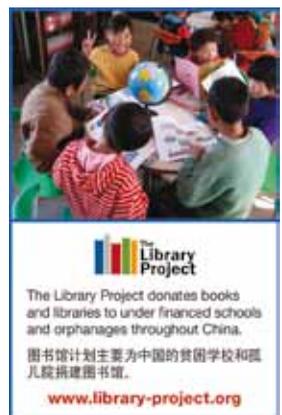
**G9** Dairy Queen  
8 Yanta Lu,  
Wanda Shopping Mall  
雁塔路8号万达广场1楼  
Phone: 029-8556 0856

**Shopping**

**Trust-Mart Supermarket**  
好又多量贩

**F7** An Ding Square, West part of West Avenue  
西大街西段安定广场  
Chinese supermarket.

**F10** Northeast of Xiao Zhai Intersection Avenue  
小寨十字东北方向  
Chinese supermarket.



**Lotus Supermarket**  
易初莲花超市  
**A10** 3 Tang Yan Road  
唐延路3号, 枫叶新都市对面  
Thai supermarket.

**F12** Southeast of the Television Tower on Changan Street  
电视塔东南角

**J5** Northwest Hu Jia Miao intersection  
胡家庙十字西北角

**B9** Shiya Wine  
世雅酒窖  
2F, No. 10, Gaoxin 1 road, Xi'an  
西安市高新一路十号二层  
Phone: 029-88320102  
www.shiyawine.com

**E9** Korean Supermarket  
韩国食品超市  
18 Xin Yuan Residential Area  
Tian Tan West Road  
天坛西路杏园小区18号楼  
Phone: 029-8533 6200  
13379037071  
Hours 08:00 -- 21:00

**Foreign Goods**

**F12** Metro  
麦德龙超市  
86 Chan'an Road, 50 meters to the TV Tower  
长安南路86号, 临近电视塔  
Western Supermarket located next to the TV tower in the South of Xi'an. This is one of the best places in Xi'an to purchase imported food such as cheese, beer, wine, meats and those hard to find ingredients.

**F7** Wal-Mart  
沃尔玛  
Luo Ma Shi Pedestrian Street  
骡马市商业步行街

**Shopping Centers**

**F7** Kai Yuan Shopping Mall  
开元商城  
6 East Avenue next to the Bell Tower  
东大街解放市场6号  
Phone: 029-8723 5340

**F7** Min Sheng Shopping Mall  
民生百货  
Luo Ma Shi Pedestrian Street  
西安骡马市步行街

**F7** Zhong Da International Shopping Center  
中大国际  
30 South Street  
南大街30号  
Phone: 029-8720 3000  
Hours 10:00 -- 22:00

**Parkson Shopping Center**  
百盛购物中心

**G7** 1 Shang Jian Road Da Chai Shi  
尚俭路1号 大差市店

**F7** Shi Dai Sheng Dian Building West Avenue  
时代盛典大厦, 北广济街口  
西大街店

**E10** Chang'an Road Xiao Zhai Area, Xi'an.  
长安路, 兴善寺街口 小寨店  
Hours 09:30 -- 21:30

**Ginwa Shopping Center**  
世纪金花购物中心

**G9** 1 Xida Jie next to the bell tower  
西大街1号钟鼓楼广场  
Phone: 029-87631708

**G5** 55 Keji Lu  
科技路55号  
Phone: 029-6296 1099  
Hours 10:00 -- 22:00

**Wan Da Shopping Mall**  
万达广场

**G9** 8 North of Yanta Lu  
雁塔路北段8号

**G5** Wulu Kou  
五路口东南角

**E5** Grand Ocean  
大洋百货  
Beida Jie  
北大街

**Tea Markets**

**Ren He Tea Market**  
人和茶叶市场  
101 Chang Le Zhong Road  
长乐中路101号

**Shaanxi Qing Gong Tea Market**  
陕西轻工茶城  
Yi Wu Market, No. 188 Chang Le Central Road  
长乐中路188号 义乌商城

**Clothing Markets**

**E10** Bai Hui Market  
百汇市场  
Bai Hui Market, Chang'an Central Road  
长安中路 百汇市场

**I5** Duo Cai Wholesale Clothing Mall  
多彩服装商城  
215 Chang Le West Road  
长乐西路215号

**Hua Dong Wholesale Clothing Market**  
华东服装商城

**I5** Chang Le Store:  
128 Chang Le West Road  
长乐西路128号

**E12** Chang'an Store:  
Wu Jia Fen, Chang'an South Road  
长安南路陕西师范大学对面  
吴家坟

**Sporting Goods**

**E9** Impulse Fitness Equipment  
英派斯商用力量产品  
14 Changan North Road  
Building D of Shaanxi TiJiao Building, Xi'an.  
长安北路14号省体育场南大门东侧 省体教公寓D座1层  
Phone: 029-8523 0026  
Hours 09:00 -- 18:00

**Five Ring Outlets**  
五环工厂店

**B9** 18 Gaoxin Lu  
高新路18号

**B3** South of Er Huan Dong Lu  
东二环与咸宁西路交叉十字

**Health Goods**

**Traditional Chinese Medicine Market**  
西安万寿路中药材市场  
Wan Shou Road North, Xi'an.  
万寿北路

**Lao Bai Xing Medicine Store**  
老百姓大药房

**G10** 1 Keji Lu  
科技路1号

**E5** Beida Jie intersection  
北大街十字

**Appliance Centers**

**Suning Home Appliance**  
苏宁电器

**E5** 23 Lian Hu Road  
莲湖路23号  
Phone: 029-8731 9196  
Hours 09:30 -- 19:00

**E9** 40 Chang'an North Road  
长安北路126号  
Hours 09:30 -- 19:00

**F10** 126 Xiaozhai East Road  
小寨东路126号  
Hours 09:30 -- 19:00

**Guo Mei Appliance**  
国美电器

**E5** 113, Beida Jie  
北大街113号  
Phone: 029-8721 9521  
Hours 09:30 -- 20:30

**B10** 1 Keji Lu  
科技路1号  
Phone: 029-8856 9620  
Hours 09:00 -- 21:30

**Furniture Markets**

**F11** Da Ming Gong Furniture Center  
大明宫建材家具城  
180 Tai Hua Bei Road  
太华北路180号  
Phone: 029-8811 6666  
Hours 09:30 -- 18:00

**San Sen International Furniture Center**  
三森国际家居汇展中心  
18 Chang'an Nan Road,  
YanTa District  
长安南路18号  
Phone: 029-85337891  
Hours 09:00 -- 18:30

**Armrit International Furniture Center**  
阿姆瑞特国际家具中心  
South side of the Zi Wei Tian Yuan Residential Area  
紫薇田园都市南侧  
Phone: 029-8569 1236  
Hours 09:40 -- 17:30

**Advertising Hotline**  
136-0919-3295  
Email: sales@xianease.com

**G9** Macalline  
红星美凯龙  
1 Taibai North Road,  
Bei Lin District  
碑林区太白北路1号  
Phone: 029-6262 6666  
Hours 09:30 -- 18:30

**Antique Markets**

**I6** Ba Xian An Antique Market  
八仙庵古玩市场  
Ba Xian An, An Ren Fang, Bei Lin District  
新城区安仁坊八仙庵

**F8** Shu Yuan Gate  
书院门  
Shu Yuan Gate,  
南门里书院门

**E8** Xi'an Antique City  
西安古玩市场  
2 Central Section of Zhu Que Avenue  
朱雀大街2号

**G11** Sheng Tang Pottery Store  
盛唐工艺坊  
41 Da Tang Shopping Street,  
Yanta West Road  
雁塔西路大唐通易坊41号  
Phone: 029-8525 6318  
Hours 09:00 -- 22:30

**E6** Bei Yuan Gate  
北院门  
Bei Yuan Gate,  
Lian Hu District  
莲湖区北院门

**E6** Muslim Street  
回民街  
Hui Min Street,  
Drum Tower Square  
鼓楼广场回民街

**Book Shops**

**F7** Belltower Bookstore  
钟楼新华书店  
337 East avenue  
东大街377号

**F10** Wang Bang Book City  
万邦图书城  
126 Xiao Zhai East Road  
小寨东路126号百隆广场一层  
Phone: 029-8793 7360

**F11** Zhong Shan Book Mall  
中山书城

158 Yan Ta Road, Xi'an.  
雁塔西路158号

**Plant Markets**

**E9** Yanta Flower Market  
小雁塔苗圃市场  
Zhu Que Avenue  
朱雀大街, 西安体育学院后  
门对面

**Health and Fitness**

**Gyms**

**B9** Megafit Fitness Center  
美格菲  
3 Gao Xin Lu  
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Providing top quality equipment, with international standards of management

**E7** Megafit Fitness Center  
80 South Jie, Xi'an  
南大街 80号  
Phone: 029-8727 6688

**Hotel**

**E8** Swisstouches  
瑞斯丽酒店  
22 Feng Hui South Road,  
GaoXin District, Xian.  
西安高新区沣惠南路22号  
Phone: (86 29) 6858 8888  
ext. 6128  
www.swisstouchesxian.com

**F6** Sofitel Xi'an  
319 Dongxin Street  
西安索菲特人民大厦东楼一、二层  
Phone: 029-8792 8888  
The Touch Spa provides sophisticated services for high-end customers  
Grand Park Xian Hotel

**E8** Grand Park Xian Hotel  
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12 Xi Duan Huan Cheng Nan Lu  
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**E7** Sheraton Xian Hotel  
262 Feng Hao East Rd  
沣镐东路 262 号  
Phone: 029-8426 1888

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**B10** Shangri-La Hotel, Xian  
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6 West Section, Euro-Asia Avenue, Chanba Ecological District  
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Phone: 029- 8355 0000

**Citadines**  
西安馨乐庭服务公寓

**E7** Citadines Central Xi'an  
西安馨乐庭城中服务公寓  
No.36 Zhubashi, Beilin District, Xi'an, China  
西安市碑林区竹笆市36号  
Phone: 029-8576 1188

**A9** Citadines Gaoxin Xi'an  
西安馨乐庭高新服务公寓  
No.13 Gaoxin Si Road, Hi-Tech Zone, Xi'an, China  
西安市高新区高新四路13号  
Phone: 029-8843 7888

**B3** Citadines Xingqing Palace Xi'an  
西安馨乐庭兴庆宫服务公寓  
No.159 Xingqing Road, Beilin District, Xi'an, China  
西安市碑林区兴庆路159号  
Phone: 029-8338 0588

**Spas**

**E9** Real Love Spa  
真爱年华洗浴广场  
38, middle of Zhuque Street.  
朱雀大街中段38号

**F8** Caesar Palace  
凯撒宫  
188 North of Wenyi Road  
文艺北路188号

**A9** Victoria Spa  
维多利亚浴场  
210 West Taoyuan, West of 2nd South Ring  
南二环西段西桃园210号

**E7** Qing Jian Bathing Place  
清见御所  
Northeast Corner of Wuwei Cross, #53 Nanyuan Gate  
南院门53号五味十字东北角

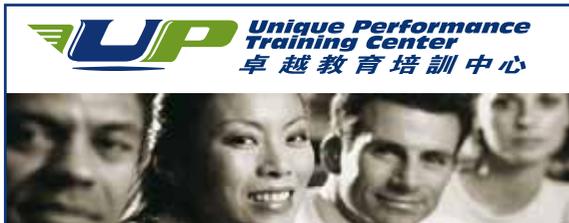
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A drinking club with a running problem. Whether you're a Hash Veteran or Virgin you are welcome to join...If you speak English or not you are welcome to join...If you like to run or like to drink you are welcome to join...  
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**Xi'an Book Club**  
The Xi'an Book Club meet the second Wednesday, and fourth Sunday of every month at various location around the city for general talk, catch-up, and sometimes it's about books, in general a great way to grab a cup of coffee (or tea!), sit around and talk to like-minded people Find us at:  
www.xianease.com/books/

**Xi'an International Business Forum**  
The Xi'an Foreign Business Forum is a non-profit organisation. The Forum exists as a stage for bringing the Xi'an foreign business community together socially, providing a support mechanism to its members and as a vehicle to be able to voice opinions and plans to local government.  
www.xianfbf.com/

**The Yellow River Soup Kitchen**  
The Yellow River Soup Kitchen is a not for profit NGO, registered in the UK. A secular organisation that is open to everybody, it is wholly run by volunteers for volunteers and as such has no overheads of any description. To learn more about The Yellow River Soup Kitchen, please check out their web site at:  
www.yellowrivercharity.com



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**Japanese Society**  
The Japanese Society has been in Xi'an for a number of years, meeting once a month at various locations around the city it's open to all Japanese and Japanese speakers living, visiting, and working in Xi'an.  
www.xian-jpn.com/

**Korean Free Paper**  
The Korean Free Paper is the link to the Korean population in Xi'an. The random get together and other news can all be found in their online paper.  
www.xasilkroad.com

**The Wine Club at Cafe Ren**  
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Email: [chrisjay@163.com](mailto:chrisjay@163.com)

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Tel: 029-8533-5014  
Email: [reception@xianinternationalschool.com](mailto:reception@xianinternationalschool.com)



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紫薇田园都市  
Email: [alasdair.macleon@etonhouse-xian.com](mailto:alasdair.macleon@etonhouse-xian.com)  
www.etonhouse-xian.com



**Xi'an Gaoxin Hospital**  
西安高新医院  
16 Tuanjie Nanlu, Hi-Tech Zone  
高新区团结南路16号  
Phone: 029-8833 0116  
www.gxyy.net

**Shaanxi Traditional Chinese Medicine Hospital**  
陕西中医医院  
2 Xi Hua Men, North Street  
Phone: 029-881 2800

**TianYou Children' Hospital**  
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Leisure

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[www.xianease.com/Hash\\_House\\_Harriers](http://www.xianease.com/Hash_House_Harriers)

**Xi'an Book Club**  
Readers Meetings:  
Jan 14th  
Feb 11th and 25th  
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Education

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# CHUCK NORRIS FACTS



Get more Chuck Norris facts at [www.chucknorrisfacts.com](http://www.chucknorrisfacts.com) ... if you dare...

If Chuck Norris were a Question, the answer would be 42

Some people have bendy pencils. Chuck Norris just has a regular pencil that still bends

Chuck Norris can do anything except lose

Chuck Norris knows that The Mona Lisa is not smiling...she would never dare to be-cause nobody smiles at Chuck Norris.

Curiosity didn't kill the cat. Chuck Norris did

Chuck Norris doesn't swim, water just wants to be around him

Chuck Norris is not allowed at Disneyland, because they want to keep it the happiest place on earth

Chuck Norris uses live piranhas as bath toys

When Chuck Norris pokes you on Facebook you die

Chuck Norris once encountered the men in black and he still remembers it

Chuck Norris can cut a saw with a wood board

No Chuck Norris reality shows exist because no one can survive in Chuck Norris' reality

Chuck Norris framed Roger Rabbit

Chuck Norris updates his DNA every 5 minutes

Chuck Norris doesn't play the game Sorry. He's never sorry

Chuck Norris can see the eighth color in a rainbow

Not even Chuck Norris can defend Chuck Norris from Chuck Norris

Chuck Norris once replied to a 'no-reply' mail, and got the answer he wanted

If Chuck Norris had been in Bethlehem, they would have found room at the inn

If Chuck Norris starred in '24' they would have called it "1"

Hellen Keller's favorite color is Chuck Norris

Chuck Norris can play Twister with himself... and win

Chuck Norris completed FIFA 11 without a

controller

Chuck Norris can eat Chinese food with one chopstick

Only Chuck Norris can prevent forest fires

Chuck Norris doesn't drink because of his effect on alcohol

Chuck Norris can cut through diamonds

Chuck Norris won an Oscar without being nominated

Chuck Norris CAN get blood from a stone

Chuck Norris can see a movie in Braille

Chuck Norris Fell Down The Stairs And Broke Somebody Else's Leg

Some people wear Superman pajamas. Superman wears Chuck Norris pajamas.

Chuck Norris once bowled a perfect game.....with a golf ball

When Clark Kent goes into a phone booth, Superman comes out. When Chuck Norris goes into a phone booth, it explodes and Chuck walks away.

Chuck Norris can moonwalk forwards.

Chuck Norris can ski uphill

Chuck Norris can cut through a hot knife with butter

Chuck Norris can squeeze apple juice out of a banana.

Get more Chuck Norris facts at [www.chucknorrisfacts.com](http://www.chucknorrisfacts.com) ... if you dare...

Chuck Norris doesn't have any followers on Twitter because nobody follows Chuck Norris.

Beached Whales are a result of marine wild-life trying to get away from Chuck Norris when he goes swimming.

Freddy Krueger doesn't go to sleep, because he is afraid Chuck Norris will kill him there

Chuck Norris can punch with his feet, and kick with his hands.

Eminem says I'm not afraid, Chuck Norris says I love the way you lie

Chuck Norris can front flip and a backflip at exactly the same time.

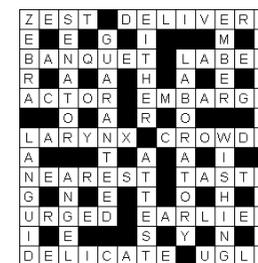
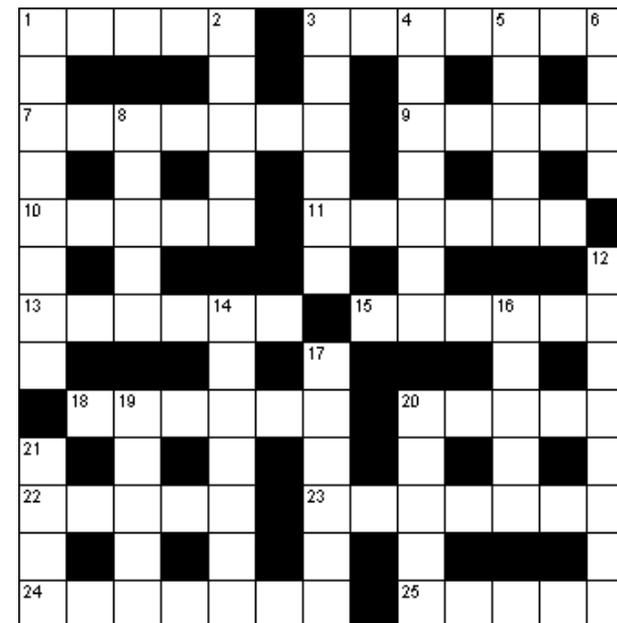
## >>>Crossword

### Across

1. Large oval fruit (5)
3. Units of time (7)
7. Fished commercially (7)
9. Several music tracks issued together (5)
10. Irritated (5)
11. Birds of prey (6)
13. A business that serves other businesses (6)
15. Published (6)
18. Save from loss or danger (6)
20. Having three dimensions (5)
22. The relative magnitudes of two quantities (5)
23. Passage selected from a larger work (7)
24. School for special training (7)
25. Flowed back (5)

### Down

1. Based on traditional stories (8)
2. Lubricated (5)
3. Happening without warning (6)
4. Alterations (7)
5. Stately (5)
6. Japanese form of wrestling (4)
8. Leg joint (5)
12. Enlightened (8)
14. Violent windstorm (7)
16. An earth pigment (5)
17. Cure (6)
19. Additional (5)
20. Periodic repeated series of events (5)
21. Elaborate song for solo voice (4)



Answers from last month's crossword.



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Address: Second floor of Lotus, 3# Tangyan Lu. 地址: 唐延路3号易初莲花2楼

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# Event Review

## The Great Movember Pub Crawl of Xi'an

Article By Cam Marsland

It was a cold Winter's night, and the hordes of drinkers were amassing in a unknown area of Qujiang. Everyone was looking forward to a night of good alcohol and new bars. We met up at the always welcoming Dehli Darbar, best Indian Restaurant in Xi'an! The moustaches from Movember were on show, with applause and pats on the back welcomed by the crew. The crawl was hosted again by the infamous Aussies who love nothing but a cold beer. The crawl route was planned with less bars and more people. With the aim of giving the bars something of encouragement to let us grace their dens and drink our worth. The crowd was some 55 strong at the start of the night's proceedings.

The night was set to kick off at Yes Bar (the old Melaka Restaurant, or so the sign says). But during the precheck while the drinkers waited in the cold, we were greeted with a "I don't know of any Pub Crawl" message from the bar manager. So we won't be going back there again, nor should you. Boo!

So we proceeded to the next bar on the list, Narnia. We were greeted with nihaos and thank you for coming. Here we divulged in 5 kuai TsingTaos and 10 kuai shots of Jack Daniels (wow!). Huey Ly, the recently ever famous party starter, got the crawl jumping with the Moustache judging contest. This was won by American George, who some say he had been growing his 'tache for longer than 1 month. Drink Up, next bar.

Next destination was a scary thought for the hosts. Known as the Wargame Bar (or Bomb Shelter Bar), it is the home of laser tag in Qujiang. We had been here before and had horrible warm beer. But the décor is great and something to behold as



it is a bomb shelter. So while the non-drinkers enjoyed a bit of karaoke on stage, the drinkers got busy. I don't know if it was the bar's initial plan, but the slow service certainly got the appetites wet, and the beer bellies rumbling. Unfortunately, the beer was the same beer as we had before, it was a BIT colder and the shots were some unknown Rum from some country never heard of. All in all the drinks were a bit lacking but the place is interesting to look at. Drink Up, next bar.

Our next target was the Chang Bang Bar, which was a little walk to the other side of Dayanta from where we were. Luckily there was a little shop open on the way where the drinkers could get the walking muscles working with some fresh Hans.

Chang Bang Bar, is a needle in a haystack, the haystack representing lots of other bars that look the same. It is a little hard to find, but it is there, the bar has a lounge type of décor with plenty of tables and small nooks. Strangely the bar were not offering 10kuai shots but they did have some dandy oat flavoured beverages ready for us so it all worked out in the wash I guess. Drink Up, next bar.

Our last bar of the night was a good one. D2 Bar. This is a great bar, just around the corner from Small World Café. Here they have a wicked sound system, big pool table, clean toilets, and lots of lounge seating.



We were welcomed with open arms and given a whole section for the by that time 60 or so drunkards. Magnificently they had 5 kuai Tiger Beers (1 of my favourite beers), and 10 kuai Tequila shots (wow wow wow) on offer. This is certainly a bar that we would come back to, and you should too if you find yourself in that neck of the woods.

So in the end, the crawl had a bit of up and downs. But it was another successful crawl. Thanks to the 60 something drinkers who came out to thrill in the cold air, and warm bars. The rollercoaster pub crawl journey is set to continue again soon, so watch this space.

Cheers to Xianease, Movember and growing Moustaches! Hip Hip Hooray!

Cam was one of the hosts for the evening, when he is not busy leading folk around he is a Software Project Manager and DJ having lived in Xi'an for the past three years. If you have questions or comments you can contact him through the Xianease website on the contact us page



# Event Review

## "Diggers comes to Xi'an"

(John Digweed @ Fantasy, Event Review)

Article By Cam Marsland



for the past 15 to 20 years. He plays all over the world, and you can tune into his weekly radio show "Transitions" on Proton Radio. I for one was very very excited about this, and so were many others both from the expats and locals. With word that he was playing a 3 hour set made the night to be extra special.

Diggers pressed the play button at around midnight. In true DJ style, he paid no attention to the applause and cheers he was getting, and just got straight into the music. With technology today with the CDJ2000s allowing the DJ to just have SD cards is quite amazing. Not once throughout the 3 hours did Digweed need to change CDs/Vinyls.. Allowing him to focus on keeping the groove nice consistent and flowing. The visuals on show were quite elaborate. 3D squares, big faces, flying things.. I'm not sure whether or not he was controlling these also, but they were

certainly part of his show.

Technically Digweed was spot on the money as always. Beautifully flowing tracks that seamlessly went into the next. No need to get into the names of tracks he played, but were certainly fresh. I would say track of the set was Guy Gerber - Stoppage Time! This got the crowd jumping.

I hope this is a sign of things to come for this small town on the world map of Electronic Music. With East Avenue's 1+1 closure earlier in the year, the abundance of good music in Xi'an has been lost. Fantasy featuring a DJ of this calibre was something special. Christmas came early this year.



Cam was one of the hosts for the evening, when he is not busy leading folk around he is a Software Project Manager and DJ having lived in Xi'an for the past three years. If you have questions or comments you can contact him through the Xianease website on the contact us page

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# XI'AN TRAIN SCHEDULE

## Xi'an to Beijing

Train No.	From	Dep. Time	To	Arr. Time
T8	Xian	00:34	Beijing West	13:28
T70	Xian	01:08	Beijing West	14:36
T76	Xian	03:34	Beijing West	15:49
T42	Xian	18:42	Beijing West	06:22
Z20	Xian	20:16	Beijing West	07:17
T45/T44	Xian	20:34	Beijing West	07:40
T232	Xian	20:40	Beijing West	09:06
T56	Xian	21:22	Beijing West	09:59
T152	Xian	23:12	Beijing West	11:34

## Xi'an to Chengdu

Train No.	From	Dep. Time	To	Arr. Time
K290/K291	Xian	04:01	Chengdu	19:23
T7	Xian	05:17	Chengdu	17:58
K245/K248	Xian	06:25	Chengdu	22:10
K5	Xian	13:20	Chengdu	05:25
K696/K697	Xian	13:32	Chengdu	06:03
K676/K677	Xian	14:06	Chengdu	07:28
K879	Xian	17:30	Chengdu	11:03
K388/K385	Xian	20:05	Chengdu	11:52
K869	Xian	20:57	Chengdu	12:58

## Xi'an to Shanghai

Train No.	From	Dep. Time	To	Arr. Time
K292/K289	Xian	09:51	Shanghai	05:08
K378/K375	Xian	10:54	Shanghai	05:38
K359/K362	Xian	11:05	Shanghai	05:58
K698/K695	Xian	11:19	Shanghai	09:14
Z94/Z91	Xian	17:00	Shanghai	06:42
K559/K558	Xian	17:24	Shanghai	15:49
T140/T137	Xian	19:50	Shanghai	12:02
T166/T163	Xian	21:02	Shanghai	11:15
T118/T115	Xian	21:09	Shanghai	13:40

**Flights**  
Xi'an Airport now has direct international flights to Singapore, Nagoya and Seoul, with connecting flights to Paris, Frankfurt, Los Angeles, Delhi, Bangkok, Tokyo, Nagoya and Singapore via Shanghai (Pudong).

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Tue, Sat	13:25	17:10	OZ 320	A321
<b>Seoul(Incheon) → Xian</b>				
Tue, Sat	10:10	12:25	OZ 319	A321

\* Schedules are subject to government approval and may change without prior notice.

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